

# True and False Questions

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1 Kapinga's country, the Democratic Republic of the Congo, is about twice as big as Texas.

T / F

# True and False Questions

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- 1 Kapinga's country, the Democratic Republic of the Congo, is about twice as big as Texas.

T / **F**

*Actually, the DRC is almost three and a half times bigger than Texas!*

# True and False Questions

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2

Extreme climate conditions are a key factor for global hunger.

T / F

# True and False Questions

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T / F

*According to the United Nation's Food and Agriculture Organization, climate change is one of the leading causes of severe food crises.*

# True and False Questions

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3

One out of every 12 people around the world are undernourished.

T / F

## True and False Questions

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One out of every 12 people around the world are undernourished.

T / **F**

*It's actually 1 in 9 people, but we don't know yet how the coronavirus pandemic will affect these rates.*

## True and False Questions

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4 In global development work, “wasting” is a term that relates to throwing out food that’s still edible.

T / F

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4 In global development work, “wasting” is a term that relates to throwing out food that’s still edible.

T / **F**

*Wasting is the term used when a child is very undernourished and underweight for their age; it can be caused by prolonged starvation or sickness, or a combination of the two.*



# True and False Questions

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5 Most of the world's chronically hungry children live in Asia.

T / F

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T / F

*In 2019, about 381 million people in Asia went hungry, compared to 250 million in Africa.*

## True and False Questions

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6 When we fight global hunger, it's equally important to make sure kids have healthy, balanced diets as it is to make sure they have three meals a day.

T / F

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When we fight global hunger, it's equally important to make sure kids have healthy, balanced diets as it is to make sure they have three meals a day.

T / F

*Even if children are eating more food, if that food's not nutritious they won't grow up healthy and strong.*

# True and False Questions

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7 Extreme poverty is defined as having only \$5 a day to meet basic needs like food, water, healthcare, and shelter.

T / F

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T / **F**

*The World Bank defines extreme poverty as living on less than \$1.90 per day.*

## True and False Questions

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8 Around 6,000 children under 5 die every day due to hunger-related causes.

T / F

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T / F

*Even though the global rate of hunger-related deaths has dropped in the last 30 years, too many kids are still dying daily.*



## True and False Questions

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9

Four laps around a school track is roughly equal to the distance millions of people have to walk for water every day in the developing world.

T/F

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Four laps around a school track is roughly equal to the distance millions of people have to walk for water every day in the developing world.

T / **F**

*Four laps around a track is a mile. Women and children in the developing world walk an average of 3.7 miles a day to get water for all their needs. That's almost 15 laps!*

# True and False Questions

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10

Nine in 10 of all natural disasters around the world are water-related.

T / F

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Nine in 10 of all natural disasters around the world are water-related.

T / F

*Floods, typhoons, hurricanes, tsunamis, landslides—even droughts count.*

# True and False Questions

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11

The world produces enough food for everyone to have enough to eat.

T / F

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11

The world produces enough food for everyone to have enough to eat.

T / F

*Unfortunately, even though there's enough food produced in the world, there are many reasons why that food doesn't get equally distributed.*

## True and False Questions

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12

Eating a healthy, balanced diet—including fruits, vegetables, dairy, and meat—costs about five times more than a diet of only grains and starches.

T / F

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Eating a healthy, balanced diet—including fruits, vegetables, dairy, and meat—costs about five times more than a diet of only grains and starches.

T / F

*Because a balanced diet like this costs much more than \$1.90 a day, it's unaffordable for millions of families.*



# True and False Questions

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**13** People who live in poverty often have to make choices between two difficult options, like paying for either food or school fees.

T / F

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T / F

*Poverty takes away choices from people.*

# True and False Questions

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14

About 50 million primary-school-age children go to class hungry every day.

T / F

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14

About 50 million primary-school-age children go to class hungry every day.

T / **F**

*Numbers from the last few years suggest over 65 million students learn on an empty stomach.*

## True and False Questions

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15 “Food security” is a term relating to farmers building walls around their crops to keep the food safe.

T / F

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15 “Food security” is a term relating to farmers building walls around their crops to keep the food safe.

T / **F**

*When people don't have to wonder where their next meal is coming from, they're described as food secure.*

## True and False Questions

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16

Poverty rates are measured by more than just money: They take into account access to food, clean water, education, basic sanitation, and healthcare.

T / F

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T / F

*Recently, global development organizations have pushed for “multidimensional” calculations of poverty that consider more than income.*



# True and False Questions

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17 Almost two-thirds of people in the DRC don't have access to clean water.

T / F

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T / F

*Kapinga's home country ranks seventh in a list of the top 10 worst places in the world for water access.*

## True and False Questions

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18

Men and women are equally likely to be hungry or malnourished around the world.

T / F

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T / **F**

*Hunger disproportionately affects women and girls, in part because some societies view men as more valuable than women.*

# True and False Questions

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19 When kids can read, write, and use numbers well—what we call “literacy”—their overall health improves.

T / F

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**19** When kids can read, write, and use numbers well—what we call “literacy”—their overall health improves.

**T** / F

*When people can read well, they're better equipped to understand more about nutrition and health.*

## True and False Questions

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20

At about 1 in 3 schools around the world, students don't have access to clean drinking water.

T / F

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T / F

*Imagine you're on a school sports team, but there's nothing to quench your thirst while you're practicing.*



## True and False Questions

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21

In some African countries, school costs can take up as much as a third of a family's entire income.

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T / **F**

*In fact, in some countries like Kapinga's, paying for school can use up more than half of a family's total income.*

## True and False Questions

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22

Almost 250 different languages and dialects are spoken in the DRC.

T / F

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T / F

*The DRC is a very large, ethnically diverse country that borders nine other countries.*

## True and False Questions

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23

Clean water doesn't matter for kids' healthy growth as much as good food does.

T / F

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T / **F**

*Safe water, sanitation, and hygiene help kids grow taller, smarter, and stronger, and they get more nutrition from food when they're not sick from dirty water.*

## True and False Questions

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Goats are a power animal for fighting hunger—one dairy goat can give up to 16 cups of super-nutritious milk a day.

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T / F

*Goats can do lots of good for a struggling family (even their poop helps, because it's a great crop fertilizer!).*



## True and False Questions

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25

The surest signs of malnutrition in a child are a swollen belly and skinny arms.

T / F

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T / **F**

*Malnutrition can be invisible and includes a wide range of symptoms like being too short for one's age or lacking vitamins and minerals.*

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26

Most of the world's hungry children live in densely populated cities.

T / F

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T / **F**

*About 3 in 4 undernourished people live in low-income rural areas of developing countries.*

## True and False Questions

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27

The DRC is one of the world's poorest countries, yet has some of the world's most valuable minerals, including gold.

T / F

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T / F

*Conflict, corruption, and instability plague the industries around these resources that could help lift this whole country out of poverty.*

## True and False Questions

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28

A chicken can lay an egg every week, helping provide great nutrition for kids.

T / F

## True and False Questions

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A chicken can lay an egg every week, helping provide great nutrition for kids.

T / **F**

*Actually, a super-productive hen will lay about 300 eggs a year. That's almost six eggs a week.*



## True and False Questions

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29

The majority of people living in extreme poverty are factory laborers and miners.

T / F

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T / **F**

*In fact, most people who live in extreme poverty are small-scale farmers who rely on crops they grow.*

# True and False Questions

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30

With World Vision, every 60 seconds a hungry child is fed.

T / F

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T / F

*And it's only possible because of partnerships from groups like yours!*