

## Famine Bingo

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*Spend about 10 minutes playing this simple bingo game that will help orient students' perspectives to all they have to be grateful for as they start this no-food adventure.*

**Read aloud the following statements that correspond to squares on the students' cards. Have students call out "Bingo" when they get three spaces in a row, across, down, or diagonal. Keep going until you've read through all the statements.**

- » You forgot your homework or lunch and one of your parents brought it to school for you this year.
- » You earned more than \$20 this week, in any way (not including Famine fundraising).
- » You have your own bedroom.
- » You got to pick what you ate for dinner at least once this week.
- » You exercised for fun or for personal goals, not as part of a sports team, this week.
- » Someone in your family has a job.
- » You spent more than \$5 on a snack or meal out for yourself this week.
- » You paid to see a movie in the last month (including watching through a paid subscription service!)
- » Your family owns at least one pet.
- » You have something to drink other than water at your house right now.
- » Your family grows produce that you eat.
- » You ate lunch at school this week.
- » You've broken a bone and gone to the doctor for it.
- » You flushed a toilet this week.
- » You cooked yourself a meal at least once this week.
- » You remember from our first week how many kids under 5 who are hungry are dying every day (have them say the number—the answer is **about 6,400 kids**).
- » You volunteered in any way in the last month.
- » You shared with at least one friend what the 30 Hour Famine is and why you're doing it.
- » You're ready to take on the challenge of no food for these 30 hours!

*When you're done with this activity, remind students that if any of these statements were true for them, they have more choices and access than children like Kapinga.*

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<p>You forgot your homework or lunch and one of your parents brought it to school for you this year.</p>	<p>You have your own bedroom.</p>	<p>You volunteered in any way in the last month.</p>
<p>You cooked yourself a meal at least once this week.</p>	<p>You exercised for fun or for personal goals, not as part of a sports team, this week.</p>	<p>Your family owns at least one pet.</p>
<p>Your family grows produce that you eat.</p>	<p>You've broken a bone and gone to the doctor for it.</p>	<p>You spent more than \$5 on a snack or meal out for yourself this week.</p>

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<p>You earned more than \$20 this week, in any way (not including Famine fundraising).</p>	<p>You flushed a toilet this week.</p>	<p>You remember from our first week how many kids under 5 who are hungry are dying every day.</p>
<p>You got to pick what you ate for dinner at least once this week.</p>	<p>Someone in your family has a job.</p>	<p>You shared with at least one friend what the 30 Hour Famine is and why you're doing it.</p>
<p>You ate lunch at school this week.</p>	<p>You have something to drink other than water at your house right now.</p>	<p>You paid to see a movie in the last month (including watching through a paid subscription service!).</p>

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<p>You exercised for fun or for personal goals, not as part of a sports team, this week.</p>	<p>You spent more than \$5 on a snack or meal out for yourself this week.</p>	<p>Someone in your family has a job.</p>
<p>You have your own bedroom.</p>	<p>You're ready to take on the challenge of no food for these 30 hours!</p>	<p>You've broken a bone and gone to the doctor for it.</p>
<p>Your family owns at least one pet.</p>	<p>You got to pick what you ate for dinner at least once this week.</p>	<p>You cooked yourself a meal at least once this week.</p>

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<p>You got to pick what you ate for dinner at least once this week.</p>	<p>You have something to drink other than water at your house right now.</p>	<p>Your family grows produce that you eat.</p>
<p>You flushed a toilet this week.</p>	<p>You remember from our first week how many kids under 5 who are hungry are dying every day.</p>	<p>You paid to see a movie in the last month (including watching through a paid subscription service!).</p>
<p>Someone in your family has a job.</p>	<p>You're ready to take on the challenge of no food for these 30 hours!</p>	<p>You cooked yourself a meal at least once this week.</p>

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<p>You have something to drink other than water at your house right now.</p>	<p>You exercised for fun or for personal goals, not as part of a sports team, this week.</p>	<p>Your family owns at least one pet.</p>
<p>You've broken a bone and gone to the doctor for it.</p>	<p>You shared with at least one friend what the 30 Hour Famine is and why you're doing it.</p>	<p>You remember from our first week how many kids under 5 who are hungry are dying every day.</p>
<p>You flushed a toilet this week.</p>	<p>You forgot your homework or lunch and one of your parents brought it to school for you this year.</p>	<p>Someone in your family has a job.</p>