



# 30 Hour Famine Waiver

We have enough food to feed everyone on earth, yet millions go hungry. Take a stand against child hunger by doing the 30 Hour Famine. Change lives and fight global injustice!

The 30 Hour Famine event will take place at \_\_\_\_\_

on \_\_\_\_\_

We understand that there are risks associated with participating in the World Vision 30 Hour Famine®. Participants will not eat solid foods for the duration of the Famine (with the optional exception of one bowl of plain, steamed white rice) and will only drink water and fruit juice.

No minor under the age of 13 may participate in the 30 Hour Famine. World Vision Canada ("WVC") requires that minors between the ages of 13 and 18 who wish participate in the 30 Hour Famine ask their parents/guardians for permission to do so before enrolling in the program.

Persons who are pregnant, diabetic, recovering from surgery, or experiencing chronic illness or gastrointestinal disease should not do the 30 Hour Famine®. Please consult your physician if you have any medical concerns or questions.

Those who cannot participate in the food fast due to medical or cultural reasons may pursue an alternate activity such as fasting from "(le. Technology, Facebook, Mobile Devices)."

The undersigned acknowledges and voluntarily assumes all risks associated in any way with participating in the 30 Hour Famine. The undersigned hereby waives for themselves, their heirs, executors, administrators and assigns, any recourse he or she may have against World Vision Canada and its directors, officers, volunteers, organizers, employees, sponsors, successors, assigns and agents, and releases and discharges such persons from all claims, demands, damages, actions or causes of action whatsoever, and absolves such persons from all responsibility for any injuries that may arise in any way in connection with the 30 Hour Famine.

We further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any or all liability incurred by any or all of them arising as a result of or in any way connected with my participation in the 30 Hour Famine. We also agree to the potential recording and use of the Participant's image and/or comments. World Vision Canada and its authorized partners and licensees may use, reproduce and communicate footage, recordings, images and/or comments of the Participant identified below acquired during the 30 Hour Famine, in whole or in part or in combination with or as a part of other matter.

By submitting this registration form, we acknowledge having read, understood, and agreed to the above waiver, release and indemnity. We warrant that the Participant is physically fit to participate in this event.

Name of Participant

Signature

Date (mm/dd/yyyy)

Name of Guardian (if under 19)

Signature

Date (mm/dd/yyyy)

