



WAM 300

What to Pack / Luggage Policy

Make-A-Wish[®] Michigan and WAM volunteers are providing nearly everything you need. **PLEASE PACK LIGHTLY.** We ask that you respect our WAM crew volunteers (and their backs) and pack only what is absolutely necessary.

What to Pack

- Bicycle (required)
*It is highly recommended that you have your bicycle checked over prior to the tour
- Helmet **(required)**
- Front headlight and rear reflector **(required)**
- Water bottles
- Bicycle lock
- Bicycle mirror **(required)**
- Simple tools (tubes, patch kit)
- Proper bike clothes and shoes
- Bike gloves
- Arm warmers
- Light jacket or sweatshirt
- Rain gear
- Comfortable shoes and clothes for post-ride
(bike shoes are not allowed inside the schools)
- Towels for showering (if staying onsite)
- Toiletries
- Chapstick
- Sleeping bag and air mattress if staying on site **(no portable beds or cots)**
- Tent (if staying onsite outdoors)
- Personal identification **MUST** be carried with you at all times -
*it is a good idea to bring extra copies
- Additional energy/protein or carbohydrate options **(limited amounts provided)**. WAM receives sample quantities and flavors of donated items from product sponsors such as CLIF Bar, GU and Chamois (butt) Butt'r. Please bring any additional energy/protein products that you prefer for your own personal use while on tour.
- **Cash payment for bicycle repairs**
- Cash for additional food or beverage if you need something outside of the posted meal times
- An open mind, energetic attitude and a willingness to make lifelong friends!



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Luggage Requirements

Please respect our WAM volunteers and appreciate their support in handling hundreds of pieces of luggage on the WAM tour.

YOU MUST BE ABLE TO LIFT YOUR LUGGAGE ONTO THE SEMI-TRUCKS!

No hockey/baseball equipment bags

No garbage bags

25-pound bag limit

Do not tie bags together

- The luggage that you bring should be waterproof and made of sturdy material to withstand the trip (no duct taped bags, safety pinned bags, broken zippers, etc.).
- You will be provided two color-coded luggage tags with your name on each at rider check-in. **Please be sure to remove any previous WAM or airline luggage tags.** The luggage will be sorted according to your supplied tag color.

There will be semi-trucks for all luggage on the tour. Be sure to have everything you need for the days' ride before placing your bags on the truck. Once the luggage is on the truck, we are unable to retrieve it. Upon arrival at the overnight stop each day, you will find your luggage sorted by the color of your tags.

Bike Transportation

Bikes will be transported from the EATON Proving Grounds to Traverse City East Middle School on semi trucks.

- Bikes are tightly packed and seldom shift during the moving process
- You are responsible for providing any padding or protection you would like to use to wrap your bike when on the semi-truck
- Protect your bike with foam pipe insulation or bubble wrap if concerned about damage
- We will not have any materials available for bike wrapping on Thursday morning
- Please use disposable padding/wrapping materials, as we are unable to transport any of your bike padding/protective material with us on the tour