What’s Your Color?

Losing someone to suicide or struggling with a mental illness can feel like no one understands what you are going through.

Each color shows our personal connection to the cause and helps us identify others who understand our experience.

- **WHITE**: Loss of a Child
- **RED**: Loss of a Spouse or Partner
- **GOLD**: Loss of a Parent
- **ORANGE**: Loss of a Sibling
- **PURPLE**: Loss of a Relative or Friend
- **SILVER**: Loss of a First Responder/Military
- **GREEN**: A Personal Struggle or Attempt
- **TEAL**: Supporting Someone Who Struggles or has Attempted
- **BLUE**: Supporting Suicide Prevention
- **RAINBOW**: Honoring the LGBTQ Community

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