



**SPINA BIFIDA ASSOCIATION
OF INDIANA**

SBAIN Newsletter

SBAIN IN TOUCH

March 2015

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Wine Tasting Party

On April 11, 2015, I will be hosting the 6th annual Wine Tasting Party at the Mallow Run Winery to raise awareness and funding for SBAIN. It promises to be a fun evening of wine tasting (including one free glass of wine), my favorite hors d'oeuvres (no need to eat dinner, there will be plenty), and the silky-smooth sounds of Kelleen Strutz.

The funds raised will be used to provide support for SBAIN's many projects, support and information. My goal is to raise at least \$5,000 from this event and I hope I can count on your help. Please consider making a tax-deductible donation. The funds raised will be used to provide support for SBAIN's many projects, support and information. Tickets for the Wine Tasting Party are \$25 per person.

I hope you will plan to attend this special event as we work together to help families living with Spina Bifida. If you have any questions, please do not hesitate to contact me at 317-475-9571 or jjoneshome@att.net.

Sincerely,

Joyce Jones,
Board Chair

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SBAIN Board of Directors

Chair	Joyce Jones
Treasurer	Cynthia Bogan

Members at large
 Kerstin Sobus
 Lori Lowe
 Angie Eugenio
 Hope Wooldridge
 Bobbie Rowland
 Cam Koster
 Brad Pier

Executive Director

Shalon Perez



John and Diana Albright awarded the 2014 Heart of SBAIN.

If you would like to nominate someone for this award please email shalon.sbain@gmail.com The theme of this award is to recognize those who demonstrate dedication, motivation, leadership, perseverance, altruism and inspiration.

Someone who has worked diligently to further the mission of the organization through the use of his/her time and resources. This might include someone who has taken on a leadership role, an existing member who has dedicated additional resources to a committee, or one of the Board Members who has worked hard.

Someone whose accomplishments, service and character have exemplified, developed, and encouraged positive traits and attributes.

Someone who has overcome his or her own disabilities and is an inspiration to others.



Save the Date

2015 4th Annual

Walk-N-Roll!

Saturday

September 26, 2015

Zionsville Lions Park

A morning of fun, family, friends, festivities, food and a mile-long, wheelchair accessible, family-friendly walk all dedicated to raising funds for programs and services to benefit those living with Spina Bifida.



Save the Date 1st Annual SBAIN Education Day

Saturday June 20th

Riley Hospital for
Children

Ruth Lilley Learning
Center

This Education Day event will be a great opportunity to gain vital education on the many challenging aspects of Spina Bifida from leading experts.

Plan on joining us for this amazing personal learning experience!!



**SBAIN is giving
away 10 inch
tablets with
keyboard and a
case!**

The tablets will be awarded to one boy and one girl. In 150 words or less tell SBAIN what the tablet would mean to you and what you would do with it!

Please send an email to shalon.sbain@gmail.com by April 30th



CAMP RILEY

Life-changing. . .They get me. . .Can't wait til next summer. . .Just a few comments from our Camp Riley campers. Camp Riley empowers children with physical disabilities by providing enriching, life-changing experiences in a traditional camping environment tailored to their individual needs. For 60 years, campers have shattered perceived limitations, met new friends and reached greater achievements, allowing them to return home with an increased sense of independence and confidence. **Enrollment is now open for Camp Riley (RileyKids.org/Camp). Camper applications are due April 15.**

Beyond the Woods: For Teens with Disabilities Who Plan to Pursue Education Beyond High School

We'd like you to know more about our **Beyond the Woods** program so you can help us identify campers. Beyond the Woods is an amazing program with three key components:

- **Summer Camp:** Campers not only experience the fun of camp but are also introduced to FranklinCovey's *7 Habits of Highly Effective Teens*. Here campers learn self-mastery and personal leadership skills. Each day traditional camp activities reinforce 7 Habits helping campers transcend perceived limitations and focus on life's possibilities. Campers hear from adults with physical disabilities who describe how the 7 Habits helped them.
- **Mentors:** Each camper is assigned an adult mentor who has personal experience with a physical disability and who will encourage the camper throughout the coming year.
- **Parents, Physicians, Teachers:** Campers' parents, teachers and physicians are invited to be engaged with the camper providing additional support and encouragement.

Please share this information with anyone who you believe would be a good fit for **Beyond the Woods**. For information about the other Camp Riley sessions, contact me or visit RileyKids.org/Camp.



BUTLER FOOTBALL CAMP

FOR KIDS WITH PHYSICAL DISABILITIES

@BUTLER BOWL

(next to Hinkle Fieldhouse on the east side)

SATURDAY APRIL 11 2014, 9:00 AM - 12:00 PM

FREE OF CHARGE TO REGISTER:

Complete the enrollment form below and e-mail it to amwilson@butler.edu by March 30, 2015.

School grade in fall '14: _____
Camper: _____
Home phone: _____
Address: _____
City: _____ State: ____ Zip: _____
Parent/guardian name: _____
Work phone: _____
Mom cell: _____ Dad cell: _____
EMAIL: _____

A confirmation letter, insurance forms, and permission forms will be e-mailed to you upon receipt of all the required documents.

Physical Therapy students from Indiana University will be part of the camp experience, in addition to Coach Voris and members of the Butler football team.

Each camper must be covered by his or her parent's insurance before participating in any camp activities.

Questions? Contact Dr. Anne M. Wilson at 317.940.9408 or amwilson@butler.edu

SBAIN IS EXCITED TO PROMOTE A BRAND NEW YOUNG ADULT CAMP!!

Camp PossAbility — Fast Facts

Mission: To give young adults with physical disabilities a safe place to relax, spend time with friends, and not have to worry about adapting the world around them

Target Audience: Young adults ages 18 to 35 with physical disabilities who have a high school diploma or equivalent. All campers must have a physical impairment and use some type of assistive device—wheelchair, walker, cane, crutches, braces, etc.

Location: [Bradford Woods](#), Martinsville, Indiana

Organization: 501(c)3, all-volunteer run until established; will have approximately 10 paid staff/camp counselors during camp in 2015

Camp Activities: Horseback riding, adapted ropes course, swimming, boating, outdoor sports arena, nightly parties/events

Programming: Done by Bradford Woods staff with additions by Camp PossAbility trained volunteers

Model: Camp PossAbility will follow the 1:1 volunteer/camper ratio model. Each volunteer will help care for, share a cabin with, and enjoy camp and life together with a camper.

Camp PossAbility will have scheduled events, meals, etc. but will also have free time for camper-choice event

Wondering if You Qualify for a Week of Fun at Camp PossAbility?

Do you:

- Fit in the age bracket of 18 to 35?
- Have a physical disability that affects your mobility and use an assistive device—wheelchair, walker, cane, crutches, braces, etc.?
- Have a high school diploma or equivalent? (Certificate of completion will not be accepted).

General Info

Theme for Summer 2015: “Mission PossAble” (based on Mark 16:15)

Cost: \$700 for the week and includes room, board, and food.

Camper Guidelines: Please read, print, and bring signed copy when you arrive at camp:

- [Camper Guidelines](#)

DATES FOR CAMP: August 2 to 7, 2015. Deadline for registration: April 1, 2015. \$100 deposit is due to save your spot at camp. Completion of fees are due by May 1, 2015. Scholarships are available upon need/request. **Have any questions?** Please contact Lauren @ lauren@camppossability.org

April 11

Wine Tasting benefitting SBAIN

April 18

Parent Play Group
St Andrew Presbyterian Church

June 20

Education Day Riley Hospital for Children

September 19

Walk N Roll
Lions Park, Zionsville



**SPINA BIFIDA ASSOCIATION
OF INDIANA**

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317-592-1630
www.sbain.org**

E-mail: shalon.sbain@gmail.com

Shalon Perez

Our Mission is *To promote the prevention of Spina Bifida and to enhance the lives of all affected.*

Information

- Newsletter
- Web site
- Chapter Meetings

Education

- Visiting Speakers

Support

- Medical assistance/equipment fund
- Camp scholarship
- Conference scholarship
- Members

Recreation

- Holiday parties
- Social meetings

Advocacy

- Work with SBA