

Thank you for exploring volunteer opportunities for your team to adopt at Redwood. Our mission is a direct result of like-minded individuals working together for the greater good. Your time and effort will help that legacy continue. Please review this list to explore a volunteer project that is a good fit for your team and their availability or interests. Service opportunities may be completed directly with the children and adults, as well as indirectly, during regular business hours Monday – Friday, 7:30 am – 6:00pm.

Seasonal Activities

Gift wrap crafts (make bows, gift tags, etc.)	Valentine’s Day craft	Derby Party
Fall/Spring/Summer sports	Independence Day celebration	New Year’s celebration
Serve Thanksgiving dinner	St. Patrick’s Day activities	Christmas crafts
Wheelchair wash	Summer water play	Cinco De Mayo activities
Carnival/Festival Games	Mardi Gras Parade	Gardening With children/adults

Team Building Activities

Host a scavenger hunt	Play card games: Uno, Old Maid, etc.	Play board games
Puzzles, riddles, brainteasers	Track & field games	Exercise, walking, or yoga with children and/or adults
Plan a bake sale	Obstacle course challenges	Tea Parties

Sport-Themed Events

Play or teach t-Ball to youth	Play or teach kickball or wiffleball	Teach cheer or dance
Flag Football	Play or teach Corn hole, volleyball or bowling	Play or teach basketball, football or soccer
Play “Horse” in our gym	Host track and field games	Start/Coach a Sports League
Red’s spirit day activities	Bengal’s spirit day activities	UK spirit day activities

In-Direct (or ‘behind the scenes’) Service Opportunities

Photography of Redwood	Dietary Volunteers –Lunch Server/Dishwasher Operator	Cleaning/disinfecting classroom toys, furniture, etc.
Clerical support	Special Events support	Paint a program room
Design, paint Mural	Landscaping (Seasonal)	Mulching/Weeding/Planting or Adopt a Garden (Seasonal)
Classroom/program Aide	Serve on a committee	Grant writing or research
Special Painting Projects	Carwash (RW Vehicles)	Assemble furniture (as needed)
Play a musical instrument during the lunch hour	Decorate common areas with seasonal decorations	Host your drill team, karate, cheer or dance practice at Redwood for our clients to watch and learn.

Educational Activities

Give cooking lessons	Be a math or reading tutor	Teach Stranger Danger Education
Teach money concepts	Mentor adults or children in Problem Solving/Stress Management	Adult health and wellness sessions (manicures, hair grooming, healthy food choices, etc.)
Knitting/crochet/needle point/quilting	Music lessons, Art/Music Therapy Sessions	Teach theater history/host a play

Foreign culture education	Teach a new language	American Sign Language lessons
Journalism Mentor/Lessons	Computer Training/Tutoring	Photography Lessons
Basic gardening	Arts/Crafts with children and adults	

Entertainment Events

Bring your choir to Redwood	Host a Movie Event	Live Theater Performance
Perform a Magic Show	Cooking Demonstration	Dance with Adults and Children on Friday Afternoon's
Organize a Fashion Show	Music Performance	Host a Pet Talent Show
Organize a Variety Show	Cheerleading Performances	Yoga Classes
Exercise Class	Music Therapy	Dance Groups Welcome
Storytelling	Current Events – World News	Create artwork/crafts with clients
"Flap Jacks with Friends", (pancake breakfasts party)	"Floatin' with Friends" (root beer floats party)	"Tea Party with Tots" (girls' tea party to practice social skills)

Be a Virtual Volunteer – You can support Redwood's Mission without even leaving the office!

<i>Office Potluck Lunch:</i> Fundraise for Redwood by requesting \$ donation for ticket to potluck lunch	<i>\$1 Denim Day:</i> Employees can dress casual in jeans or if they donate a dollar to Redwood.
<i>Wish List Drive:</i> Share Redwood's Wish List of needed items and organize collection site(s)/date(s)/time(s). We can make arrangements for pick up or delivery.	<i>Battery Battalion:</i> Redwood's toys and assistive technology are often in need of new batteries to allow children and adults to play, learn, grow and communicate. All sizes are appreciated. Challenge departments to collect the most batteries to donate.
<i>Become a Special Event Corporate Supporter:</i> Contact Redwood's Chief Development Officer to learn which special event is the right match for you.	<i>Construct a Tissue Tower:</i> Encourage teammates to collect boxes of tissues to donate to Redwood's programs. Set a height challenge and keep stacking those boxes until your goal is achieved!
<i>Be a Birthday Angel:</i> Make handmade birthday cards and send to Redwood for a special deliver to an adult with special needs, on their birthday.	<i>Throw a Baby Shower:</i> Redwood has 2 nurseries that serve infants with and without special needs. Supplies such as learning toys, bottle racks, disinfecting wipes, Huggies wipes, crib sheets, baby blankets, diapers, swings, rocking chairs, etc. are always needed to refresh program rooms

Redwood is closed on the weekends, however some projects are much easier to complete at that time. If you are seeking a Saturday Service Day, please contact our Development Department to discuss weekend availability. Below is a list of typical volunteer projects individuals or teams of people may select to meet the needs of the children and adults we serve. Other seasonal projects or special tasks may also be in need of volunteers, not listed.

Be sure to stay up to date with current events and volunteer needs not referenced on this flyer by visiting www.redwoodnky.org or www.facebook.com/redwoodnky.

Please contact the Development Department at 859-331-0880 for a consultation.

