



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA Peaks to Portland Swim to Benefit Kids July 20, 2019

### Swimmer's Qualifying Time

All participants must qualify by swimming one mile in 40 minutes or less at their local YMCA or pool. Qualifying swim times require a witness' signature (coach, aquatic director, or certified lifeguard).

**Registered after May 1?** If you register after May 1, you must contact us immediately to arrange a time to submit your qualifying time. Email us at [peakstoportland@ymcaofsouthernmaine.org](mailto:peakstoportland@ymcaofsouthernmaine.org).

**Completed the 2017 or 2018 race?** If you successfully completed the 2017 or 2018 Peaks to Portland Swim you must still send us a link to your 2017 or 2018 race results, or a completed time waiver.

Swimmers Name: \_\_\_\_\_

Qualifying Time: \_\_\_\_\_ Witness Name (please print): \_\_\_\_\_

Witness Signature: \_\_\_\_\_

Witness Aquatic Certification in: \_\_\_\_\_ Date of Expiration: \_\_\_\_\_

### To submit your completed qualifying time waiver:

- \* Drop off in person at the YMCA, 70 Forest Ave Portland, Maine
- \* Fax to 207-842-2966, Attention: Haley Richardson
- \* Mail to: YMCA of Southern Maine  
Attention: Haley Richardson  
70 Forest Ave  
Portland, ME 04101
- \*Email to: [peakstoportland@ymcaofsouthernmaine.org](mailto:peakstoportland@ymcaofsouthernmaine.org)

Questions? Please contact us at [peakstoportland@ymcaofsouthernmaine.org](mailto:peakstoportland@ymcaofsouthernmaine.org)