Join us this mental health awareness week to share why you support mental health! On Saturday, October 10th, World Mental Health Day and the National Day of Hope, join Lexi, Youth Outreach Specialist, along with our Ending the Silence and Youth Stories of Hope Presenters, to chalk a motivational message at NAMI Waukesha while socially distanced!

Join us as part of your NAMIWalks Your Way Activities OR just join us to share why mental health matters to you!

**When:** Saturday, October 10th, 2020  
10:00 AM - 12:00 PM

**Where:** NAMI Waukesha Back Parking Lot  
217 Wisconsin Ave, Waukesha, WI  
Parking lot is located behind the building off of E. Park Ave

**Who can come?**  
Young adults and anyone interested!

Interested in participating or questions?  
Contact Lizzy at lizzy@namiwaukesha.org

Unable to join in person but still want to participate? Send Lizzy your pictures of your own mental health chalk art!

*Brought to you with support from Berg Management*