Frequently Asked Questions

We are looking forward to seeing everyone at Los Angeles State Historic Park on April 29 10am -2pm. Park opens at 8am.

Where is NAMIWalks Greater LA County Mental Health Fest & 3K

Los Angeles State Historic Park
1799 N. Spring Street
Los Angeles, CA
FAQs
Day of Schedule

10:00 AM - 2:00 PM Activities and stage presentations
10:00 AM - Registration Open
11:00 AM - Opening Ceremonies
11:15 AM - WALK Start 3K
2:00 PM - Ends

Parking

There is free street parking all around the park. There is ($10) paid parking right in front of the Park. Come early!

Public Transportation

Chinatown Gold L Metro stop is right at the Park.
Union station is very near.
Metro bike stations everywhere. https://bikeshare.metro.net

What If It Rains?

MENTAL HEALTH is important RAIN OR SHINE so you can count on the Walk ON - we won't let a little rain stop us! If we are experiencing severe weather conditions, we will email all registered participants, as well as share on our social media pages and website.

Registration

I registered online, do I need to check-in at the walk?

Not unless you get a T-Shirt for raising $100.

I'm a Team Captain, can I check in my entire team?
Yes, you will get the T-shirts for $100 fundraisers and Registrations forms for those that haven't registered already online. Please coordinate to meet at your affiliate, information booth or day before at the Park. Let me know if it will be on Friday when we are setting up.

Do I need to register to walk?

Yes! Everyone walking must register (but don't worry, it's free!). Registration at the Walk is at 10:00 AM. We encourage you to register ONLINE now. If you are not registered by 2 pm on Friday, April 28 then you will need to do same-day registration at the Walk.

Registration forms will be available on Walk Day and our volunteers will help get you registered quickly so you can enjoy the event!

Can I run instead of walk?

We are a non-competitive 3k walk, so the majority of people will be walkers. If you really want to run though- go for it! If you are running, please run off to the side and be considerate of our walkers!

I'm not sure that I/someone I am walking with can finish a 3k, but I/we still want to walk. What can I do?

We've got you covered! If you are unable to complete the full 3k, you can head back to the Fest.

Are strollers allowed?

Yes! Strollers and wagons are allowed. We are family-friendly and hope to see lots of families on April 29th!
Are dogs allowed?

Yes on leashes. There will be a costume contest from the stage!

**Fun Stuff**

What types of activities are available at the Walk?

We'll have: community resource booths, free snacks, bottled water, music, inspiring speakers, Art Activation, Mind & Body Area, Kidzone, Sign making, and activities from our sponsors!

Should I bring food?

That's up to you! We'll have water and there will be Food Trucks.

**Donations**

Can I donate offline or send in my check/cash donations prior to the Walk?

YES! We accept checks mailed to NAMI GLAC 3600 Wilshire Blvd. Ste. 1804 LA, CA 90010 please include the name of the Walker that the donation should be applied to.

Can I donate at the Walk?

Yes - we encourage everyone to donate at the walk! NAMIWalks is designed to be a fun and inspiring day for all, but reaching our fundraising goal is equally important, as it allows us to continue and/or expand important NAMI programs throughout Greater LA County!

How can I donate on Walk Day?

You can make a donation at our donation tent or use the QRcodes that will be everywhere. You can also log into www.namiwalks.org/lacounty to make a donation
right from your mobile device! We accept cash, checks and credit cards at the walk. Please make checks payable to: NAMIWalks Greater LA County (If you want the donations to go to an individual or team OTHER THAN YOURSELF, please include it in the subject line!)

**T-Shirts**

I raised $100 or More....I'm getting a Shirt, Right?

Yes! When you check-in with your Team Captain you will receive your t-shirt! Or go to the Information Booth. Although we do our best to have a large variety of sizes available (from Youth Small through Adult 5XL) it is impossible to predict what the needs will be on Walk Day.

I have 3 people who donated $100 each to me (or my team) - do they get shirts?

No. Shirts are only for individual fundraisers who raise at least $100.

Our team has 5 people and we raised a combined $500, do we get 5 shirts?

No. Shirts are for individual fundraisers who raise at least $100.

More questions?

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