



DEPRESSION

Click here to download a guide to help with your journey.



Actor portrayals



When depression sets you back, **Keep Moving Forward.** Now that you've talked to your doctor, here's an introduction to adding REXULTI.

For eligible commercially-insured patients: **The REXULTI Savings Card offers benefits for REXULTI and your generic ANTIDEPRESSANT.***

*Separate benefits. Conditions apply.



INDICATION: REXULTI is a prescription medicine used to treat:

- Major depressive disorder (MDD): REXULTI is used with antidepressant medicines, when your healthcare provider determines that an antidepressant alone is not enough to treat your depression.

It is not known if REXULTI is safe and effective in people under 18 years of age.

SELECT IMPORTANT SAFETY INFORMATION:

Medicines like REXULTI can raise the risk of death in elderly people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). REXULTI is not approved for treating patients with dementia-related psychosis.

Antidepressants may increase suicidal thoughts or actions in some children, teenagers, or young adults within the first few months of treatment. Pay close attention to any changes, especially sudden changes, in mood, behaviors, thoughts, or feelings and report such changes to the healthcare provider. This is very important when antidepressant medicine is started or when the dose is changed. REXULTI is approved only for adults 18 and over with depression.

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.



Using the card is simple.

The REXULTI® (brexpiprazole) Savings Card



Text **SAVE** to **96747** to download the card directly to your phone.*

Show your card to your pharmacist and receive your savings plus refill reminders.



No activation required.

Simply present your card to the pharmacist when you have your REXULTI prescription filled. Or present it when having your generic ANTIDEPRESSANT filled.

Your pharmacist will keep your card on file for future use.

REXULTI

GENERIC ANTIDEPRESSANT

Two Months of* REXULTI	\$0	✓
REXULTI Refills† as little as	\$15	✓
90-day Prescriptions as little as	\$15	✓

Generic ANTIDEPRESSANT \$0 ✓

Up to **\$5,800** applied to your annual deductible up to 12 uses*

Visit [REXULTISavings.com](https://www.REXULTISavings.com)

* Offer not valid for cash-paying patients OR where drug is not covered by primary insurance.

† This program is not health insurance. Further conditions apply. See full offer details on back of the card.

Program Eligibility

Offer is not transferable. Patients are not eligible if they are under 18 years of age, or are covered in whole or in part by any state program or federal healthcare program, including, but not limited to, Medicare or Medicaid (including Medicaid managed care), Medigap, VA, DOD, or TRICARE. Only valid in U.S. and Puerto Rico. Offer void where prohibited by law, taxed, or restricted. Other restrictions may apply. This program is not health insurance. Otsuka America Pharmaceutical, Inc. has the right to rescind, revoke, or amend this program at any time without notice. Your participation in this program confirms that this offer is consistent with your insurance coverage and that you will report the value received if required by your insurance provider. When you use this card, you are certifying that you understand and will comply with the program rules, terms, and conditions. Offer not valid for cash-paying patients OR where drug is not covered by the primary insurance.

Not eligible for the REXULTI Savings Card?

Learn about additional assistance. Call 1-855-242-7787, 8 am–8 pm ET Monday through Friday, or visit [AssistanceForMe.com](https://www.AssistanceForMe.com).

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.

Continue to build on the progress
you've made.



Actor portrayals

SELECT IMPORTANT SAFETY INFORMATION:

Do not take REXULTI if you are allergic to brexpiprazole or any of the ingredients in REXULTI. Allergic reactions have included rash, facial swelling, hives and itching, and anaphylaxis, which may include difficulty breathing, tightness in the chest, and swelling of the mouth, face, lips, or tongue.

REXULTI may cause serious side effects, including:

- **Stroke in elderly people (cerebrovascular problems) that can lead to death.**
- **Neuroleptic Malignant Syndrome (NMS):** Tell your healthcare provider right away if you have **some or all** of the following symptoms: high fever, stiff muscles, confusion, sweating, changes in pulse, heart rate, and blood pressure. These may be symptoms of a rare and serious condition that can lead to death. Call your healthcare provider right away if you have any of these symptoms.





Actor portrayals

REXULTI® (brexpiprazole) works with your antidepressant to help build on any progress you've already made.

MDD* or major depression is a serious medical illness affecting an estimated 15 million American adults. But for many, their antidepressant isn't working well enough. REXULTI was designed as an adjunctive or "add-on" treatment and may help reduce your symptoms of depression.

The science of depression

It's believed that an imbalance of neurotransmitters may contribute to the symptoms of depression. While the exact way REXULTI works is unknown, scientists believe that it has a similar range of activity at 3 types of neurotransmitter receptors†: serotonin, dopamine, and norepinephrine.

*Major depressive disorder.

†Neurotransmitters carry signals from one neuron (or nerve cell) to another. Neurotransmitters interact with specialized proteins on nerve cells. These proteins are called "receptors."

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including:

- **Uncontrolled body movements (tardive dyskinesia).** REXULTI® (brexpiprazole) may cause movements that you cannot control in your face, tongue or other body parts. Tardive dyskinesia may not go away, even if you stop taking REXULTI. Tardive dyskinesia may also start after you stop taking REXULTI.

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including:

- **Problems with your metabolism such as:**
 - **high blood sugar (hyperglycemia):** Increases in blood sugar can happen in some people who take REXULTI. Extremely high blood sugar can lead to coma or death. If you have diabetes or risk factors for diabetes (such as being overweight or having a family history of diabetes), your healthcare provider should check your blood sugar before you start taking REXULTI and during your treatment.

Adding REXULTI® (brexpiprazole) has been proven to help reduce the symptoms of depression.

When added to an antidepressant, REXULTI was proven to reduce depression symptoms an extra 62% compared to the antidepressant alone. So you may feel better—without giving up on the progress you've already made.

ANTIDEPRESSANT



REXULTI®
2mg tablets

**62% GREATER REDUCTION
IN DEPRESSION SYMPTOMS**

6-week study in adults, with ongoing symptoms of depression, still taking an antidepressant. Individual results may vary.

See clinical trial information on next page for details.

SELECT IMPORTANT SAFETY INFORMATION:

Call your healthcare provider if you have any of these symptoms of high blood sugar while taking REXULTI:

- feel very thirsty
- feel very hungry
- feel sick to your stomach
- feel weak or tired
- need to urinate more than usual
- feel confused, or your breath smells fruity

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.



Actor portrayals

REXULTI in clinical trials

REXULTI was studied in two 6-week clinical trials of 1,054 patients, aged 18-65, who had been diagnosed with major depressive disorder (MDD). The patients selected for the studies took an antidepressant for at least 2 months. Patients who then had ongoing symptoms of depression were randomly selected to receive 1 mg to 3 mg/day of REXULTI in addition to their antidepressant, while the rest continued taking their antidepressant alone.

At the end of the 6-week clinical trials, researchers discovered something: patients whose doctors added REXULTI to their antidepressant showed more improvement than those who continued to take their antidepressant alone. In one of the studies, the patients taking REXULTI plus their antidepressant had a **62% greater reduction in depression symptoms** compared with those taking just an antidepressant.

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including:

- Problems with your metabolism such as:
 - **increased fat levels (cholesterol and triglycerides) in your blood.**
 - **weight gain.** You and your healthcare provider should check your weight regularly.

How to take REXULTI® (brexpiprazole)

REXULTI is taken once daily, with or without food. It's important to ask your pharmacist or healthcare provider if you have any questions about taking REXULTI. Take REXULTI as your healthcare provider prescribed it:



- Do **not** change the dose or stop taking REXULTI yourself.
- You should **not** miss a dose of REXULTI. If you miss a dose, take the missed dose as soon as you remember. If you are close to your next dose, just skip the missed dose and take your next dose at your regular time.
- Do **not** take 2 doses of REXULTI at the same time. If you are not sure about your dosing, **call your healthcare provider**.
- **Do not take REXULTI if you** are allergic to brexpiprazole or any of the ingredients in REXULTI.

If you take too much REXULTI, call your healthcare provider or the Poison Control Center at **1-800-222-1222** right away or go to the nearest hospital emergency room.

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including: *(continued)*

- **Unusual urges.** Some people taking REXULTI have had unusual urges, such as gambling, binge eating or eating that you cannot control (compulsive), compulsive shopping and sexual urges. If you or your family members notice that you are having unusual urges or behaviors, talk to your healthcare provider.



Actor portrayals

Fill your prescription
for REXULTI
as prescribed by your
healthcare provider.

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.

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Questions & Answers

Here are answers to a few of the questions that you may have about REXULTI.

Have questions that aren't answered here? Ask your healthcare provider at your next appointment.

Can I take other medications with REXULTI® (brexpiprazole)?

Tell your healthcare provider about all the medicines you take or have recently taken, including prescription medicines, nonprescription medicines, vitamins, and herbal supplements. REXULTI and other medicines may affect each other, causing possible serious side effects. REXULTI may affect the way other medicines work, and other medicines may affect how REXULTI works.

Your healthcare provider can tell you if it's safe to take REXULTI with your other medicines. **Don't** start or stop any medicines without talking to your healthcare provider first. Only you and your healthcare provider can decide if REXULTI is right for you.

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including:

- **Decreased blood pressure (orthostatic hypotension).** You may feel lightheaded or faint when you rise too quickly from a sitting or lying position.

Questions & Answers

(continued)

When will REXULTI® (brexpiprazole) start working for me?

Not everyone responds to medication the same way, and your body may need time to adapt. That's why it's important to share how you are feeling with your healthcare provider, including any side effects. This way, he or she will better understand what effect your treatment may be having and make an adjustment if necessary. Always talk to your doctor before making any changes to your treatment.

What are the most common side effects?

The **most common side effects** associated with REXULTI plus an antidepressant were weight gain and an inner sense of restlessness, such as feeling like you need to move (akathisia), as reported during 6-week clinical studies of adults with major depressive disorder (MDD).

You and your healthcare provider should check your weight regularly. In 6-week clinical studies of adults with MDD, 7% of patients taking REXULTI plus an antidepressant reported an increase in body weight, compared with 2% of patients taking an antidepressant plus a placebo (nontherapeutic pill).

In the same studies, akathisia was reported by 9% of patients taking REXULTI plus an antidepressant and by 2% of patients taking an antidepressant plus a placebo.

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including: (continued)

- Seizures (convulsions)



Actor portrayals

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including: (continued)

- **Problems controlling your body temperature so that you feel too warm.** Avoid getting over-heated or dehydrated while taking REXULTI.
 - **Do not** over-exercise.
 - Stay out of the sun. **Do not** wear too much or heavy clothing.
 - In hot weather, stay inside in a cool place if possible.
 - Drink plenty of water.

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.

Questions & Answers

(continued)

Could REXULTI® (brexpiprazole) affect my blood sugar?

An increase in blood sugar (hyperglycemia) can happen in some people who take REXULTI. Extremely high blood sugar can lead to coma or death.

In clinical studies,* patients with shifts in fasting blood sugar from normal (<100 mg/dL) to high (≥126 mg/dL) and borderline (≥100 and <126 mg/dL) to high were similar in patients treated with REXULTI and patients treated with placebo.

Call your healthcare provider if you have any of these symptoms of high blood sugar while taking REXULTI: You feel very thirsty; you need to urinate more than usual; you feel very hungry, weak or tired, sick to your stomach, or confused; or your breath smells fruity.

*Two 6-week clinical trials. For more information about the clinical trials, please see page 4.

Will REXULTI affect my cholesterol?

An increase in the fat levels (cholesterol and triglycerides) in your blood may occur while taking REXULTI. Before starting on REXULTI, discuss with your healthcare provider if you have high levels of cholesterol, triglycerides, or LDL cholesterol, or low levels of HDL cholesterol.

During clinical trials,* changes in fasting total cholesterol, LDL cholesterol, and HDL cholesterol were similar between patients taking REXULTI and patients taking a placebo.

SELECT IMPORTANT SAFETY INFORMATION:

REXULTI may cause serious side effects, including: (continued)

- Difficulty swallowing that can cause food or liquid to get into your lungs.

Will REXULTI make me feel sleepy or drowsy?

In clinical trials,* 4% of patients who had REXULTI added to an antidepressant experienced drowsiness, compared with 1% of patients taking an antidepressant plus a placebo.

Until you know how REXULTI affects you, do not drive, operate heavy machinery, or do dangerous activities.

*Two 6-week clinical trials. For more information about the clinical trials, please see page 4.

Will REXULTI make me feel restless?

About 3% of patients taking REXULTI plus an antidepressant reported feelings of restlessness during clinical trials,* compared with 0% of patients taking placebo.

Does REXULTI affect sexual function?

Overall, there was no difference seen in sexual function of patients as a result of taking REXULTI with an antidepressant compared with those taking an antidepressant alone.

During clinical trials,* patients taking REXULTI plus an antidepressant reported their overall sexual function was similar to that of patients taking an antidepressant alone, as measured by the Massachusetts General Hospital Sexual Functioning Questionnaire.

*Two 6-week clinical trials. For more information about the clinical trials, please see page 4.

SELECT IMPORTANT SAFETY INFORMATION:

- Do not drive a car, operate machinery, or do other dangerous activities until you know how REXULTI affects you. REXULTI may make you feel drowsy.

Please read [IMPORTANT SAFETY INFORMATION](#) on pages 9-11.

Please read [FULL PRESCRIBING INFORMATION](#), including **BOXED WARNING**, and [MEDICATION GUIDE](#).

INDICATION and IMPORTANT SAFETY INFORMATION for REXULTI® (brexpiprazole)

INDICATION:

REXULTI is a prescription medicine used to treat:

- Major depressive disorder (MDD): REXULTI is used with antidepressant medicines, when your healthcare provider determines that an antidepressant alone is not enough to treat your depression.

It is not known if REXULTI is safe and effective in people under 18 years of age.

IMPORTANT SAFETY INFORMATION:

Increased risk of death in elderly people with dementia-related psychosis. Medicines like REXULTI can raise the risk of death in elderly who have lost touch with reality (psychosis) due to confusion and memory loss (dementia). REXULTI is not approved for the treatment of patients with dementia-related psychosis.

Antidepressant medicines may increase suicidal thoughts or actions in some children, teenagers, or young adults within the first few months of treatment. Depression and other serious mental illnesses are the most important causes of suicidal thoughts or actions. Some people may have a particularly high risk of having suicidal thoughts or actions. Patients on antidepressants and their families or caregivers should watch for new or worsening depression symptoms, especially sudden changes in mood, behaviors, thoughts, or feelings. This is very important when an antidepressant medicine is started or when the dose is changed. Report any changes in these symptoms immediately to the doctor. REXULTI is not approved for the treatment of people younger than 18 years of age.

(Continued on next page)



IMPORTANT SAFETY INFORMATION

(continued)

Do not take REXULTI® (brexpiprazole) if you are allergic to brexpiprazole or any of the ingredients in REXULTI. Allergic reactions have included rash, facial swelling, hives and itching, and anaphylaxis, which may include difficulty breathing, tightness in the chest, and swelling of the mouth, face, lips, or tongue.

REXULTI may cause serious side effects, including:

- **Stroke in elderly people (cerebrovascular problems) that can lead to death.**
- **Neuroleptic Malignant Syndrome (NMS):** Tell your healthcare provider right away if you have **some or all** of the following symptoms: high fever, stiff muscles, confusion, sweating, changes in pulse, heart rate, and blood pressure. These may be symptoms of a rare and serious condition that can lead to death. Call your healthcare provider right away if you have any of these symptoms.
- **Uncontrolled body movements (tardive dyskinesia).** REXULTI may cause movements that you cannot control in your face, tongue or other body parts. Tardive dyskinesia may not go away, even if you stop taking REXULTI. Tardive dyskinesia may also start after you stop taking REXULTI.
- **Problems with your metabolism such as:**
 - **high blood sugar (hyperglycemia):** Increases in blood sugar can happen in some people who take REXULTI. Extremely high blood sugar can lead to coma or death. If you have diabetes or risk factors for diabetes (such as being overweight or having a family history of diabetes), your healthcare provider should check your blood sugar before you start taking REXULTI and during your treatment.

Call your healthcare provider if you have any of these symptoms of high blood sugar while taking REXULTI:

- feel very thirsty
- feel very hungry
- feel sick to your stomach
- feel weak or tired
- need to urinate more than usual
- feel confused, or your breath smells fruity
- **increased fat levels (cholesterol and triglycerides) in your blood.**
- **weight gain.** You and your healthcare provider should check your weight regularly.
- **Unusual urges.** Some people taking REXULTI have had unusual urges, such as gambling, binge eating or eating that you cannot control (compulsive), compulsive shopping and sexual urges. If you or your family members notice that you are having unusual urges or behaviors, talk to your healthcare provider.
- **Low white blood cell count**
- **Decreased blood pressure (orthostatic hypotension).** You may feel lightheaded or faint when you rise too quickly from a sitting or lying position.
- **Seizures** (convulsions)
- **Problems controlling your body temperature so that you feel too warm.** Avoid getting over-heated or dehydrated while taking REXULTI.
 - **Do not** over-exercise.
 - Stay out of the sun. **Do not** wear too much or heavy clothing.
 - In hot weather, stay inside in a cool place if possible.
 - Drink plenty of water.
- **Difficulty swallowing that can cause food or liquid to get into your lungs.**

Do not drive a car, operate machinery, or do other dangerous activities until you know how REXULTI affects you. REXULTI may make you feel drowsy.

Please read [FULL PRESCRIBING INFORMATION](#), including [BOXED WARNING](#), and [MEDICATION GUIDE](#).

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IMPORTANT SAFETY INFORMATION

(continued)

Before taking REXULTI® (brexpiprazole), tell your healthcare provider if you:

- have diabetes or high blood sugar or a family history of diabetes or high blood sugar. Your healthcare provider should check your blood sugar before you start REXULTI and during your treatment.
- have high levels of cholesterol, triglycerides, LDL-cholesterol, or low levels of HDL cholesterol
- have or had seizures (convulsions)
- have or had low or high blood pressure
- have or had heart problems or a stroke
- have or had a low white blood cell count
- are pregnant or plan to become pregnant. It is not known if REXULTI may harm your unborn baby. Using REXULTI in the last trimester of pregnancy may cause muscle movement problems, medicine withdrawal symptoms, or both of these in your newborn.
 - If you become pregnant while taking REXULTI, talk to your healthcare provider about registering with the National Pregnancy Registry for Atypical Antipsychotics. You can register by calling 1-866-961-2388 or visit <http://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/>
- are breastfeeding or plan to breastfeed. It is not known if REXULTI passes into your breast milk. You and your healthcare provider should decide if you will take REXULTI or breastfeed.

Tell your healthcare provider about all the medicines you take or recently have taken, including prescription medicines, over-the-counter medicines, vitamins and herbal supplements.

REXULTI and other medicines may affect each other causing possible serious side effects. REXULTI may affect the way other medicines work, and other medicines may affect how REXULTI works.

Your healthcare provider can tell you if it is safe to take REXULTI with your other medicines. **Do not** start or stop any medicines while taking REXULTI without talking to your healthcare provider first.

The **most common side effects** of REXULTI include weight gain and an inner sense of restlessness such as feeling like you need to move.

Tell your healthcare provider if you experience abnormal muscle spasms or contractions, which may be a sign of a condition called dystonia.

These are not all the possible side effects of REXULTI. For more information, ask your healthcare provider or pharmacist. Call your doctor for medical advice about your health or medicines, including side effects.

You are encouraged to report side effects of REXULTI (brexpiprazole). Please contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 (www.fda.gov/medwatch).

Please read [FULL PRESCRIBING INFORMATION](#), including **BOXED WARNING**, and [MEDICATION GUIDE](#).



Actor portrayals

Use this Online Guide to help with your journey.

My Wellness Guide was created especially for people with depression. Full of handy tips and tools, simply download the book and refer to it as needed.



[Click here to download.](#)



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For more information visit [REXULTI.com](https://www.rexulti.com)