



Thank you for the Memories

About Us

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Today, we are an association of hundreds of local affiliates, state organizations and volunteers who work in your community to raise awareness and provide support and education that was not previously available to those in need.

What We Do

We educate. Offered in thousands of communities across America through our NAMI State Organizations and NAMI Affiliates, our education programs ensure hundreds of thousands of families, individuals and educators get the support and information they need.

We advocate. NAMI shapes the national public policy landscape for people with mental illness and their families and provides grassroots volunteer leaders with the tools, resources and skills necessary to save mental health in all states.

We listen. Our toll-free NAMI HelpLine allows us to respond personally to hundreds of thousands of requests each year, providing free referral, information and support—a much-needed lifeline for many.

We lead. Public awareness events and activities, including Mental Illness Awareness Week (MIAW), NAMIWalks and other efforts, successfully combat stigma and encourage understanding. NAMI works with reporters on a daily basis to make sure our country understands how important mental health is.

NAMI Colorado offers an array of support and education programs for families and people with mental illness. For more information, contact us by calling (303) 321-3104 or visit <http://namicolorado.org/>.



NAMIWalks is NAMI's annual mental health awareness program, and our largest fundraising and awareness campaign is "Mental Health for All."

Every journey begins with that first step. This year thousands of people in more than 100 communities across the nation will join NAMI and walk together to raise money and awareness about our country's need for a world-class treatment and recovery system for people with mental illness.

Team building is an important aspect of NAMIWalks. Teams are a great way to bring people together toward a common goal or enjoy a little friendly competition among each other. The more people that form teams and recruit walkers, the more awareness will be raised about the need for quality mental healthcare.

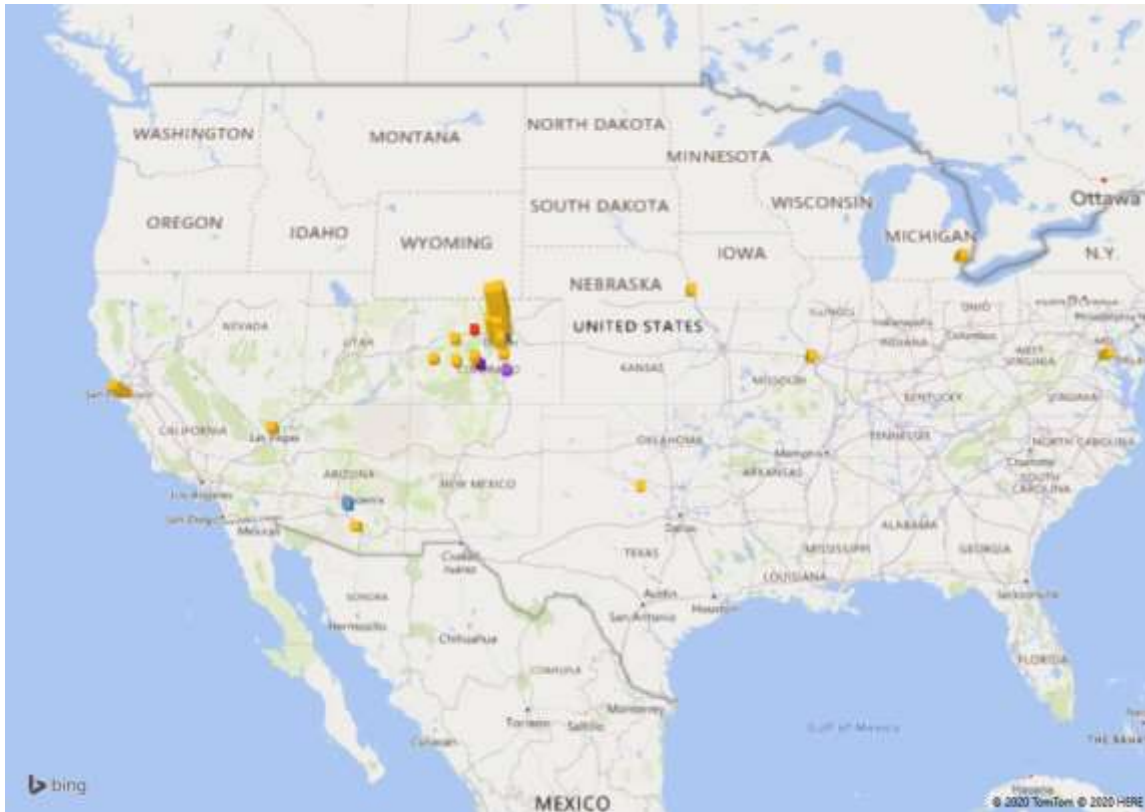
All walkers are encouraged to reach out to family, friends, co-workers and business associates for donations in support of their participation in the Walk. The NAMIWalks events are used to raise money and awareness to ensure NAMI's vital programs and services are available at no cost to provide help and hope to those in need.



Summary

We had 297 total participants across 64 teams. We have raised \$98,684.91

This year we have had participants from different states. Each colored square is a participant with yellow being for NAMI Colorado and rest of colors for specific affiliate.



Top Teams Raised Money

Team Name	Team Captain	Amount Raised Total
1. Team Char and Maggie	Char Marcilino	\$5,145.00
2. NAMI High Country Colorado	Darla Whinston	\$4,065.00
3. NAMI Chaffee County	Eunice Collette	\$3,625.00
4. Roxborough Park	Charles Elmer	\$3,015.00
5. Yoga Seva Colorado	Krista Hinman	\$2,545.81
6. Boyd NAMI Denver	Connie Boyd	\$2,260.00
7. Jefferson Unitarian Church	Deda Nelson	\$2,120.00
8. Team DenCon	Dennis Bass	\$1,880.00
9. Walking on Sunshine	Jessie Gregory	\$1,755.00
10. Walking Warriors	Leona Paul	\$1,410.00

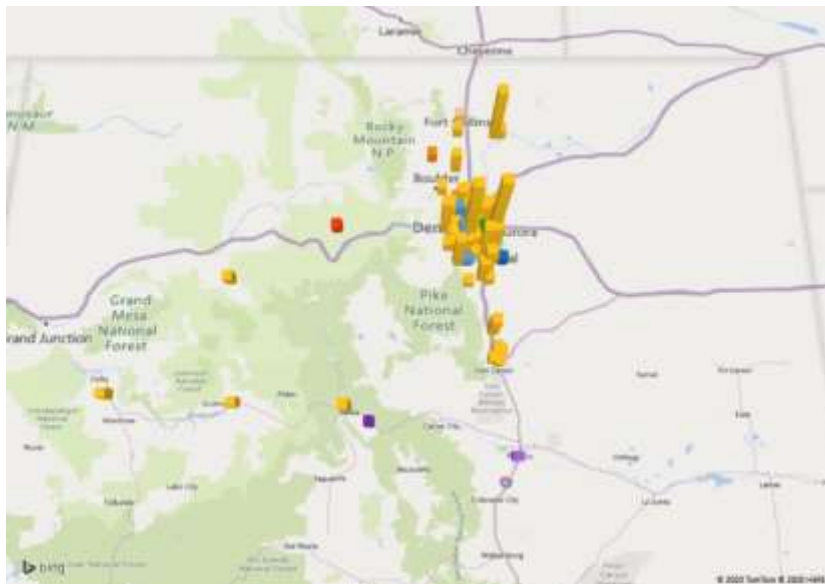
Top Individual Fundraisers & Walk Starts Raised \$1000 or More

Participant	Team Name	Amount Raised Total
1. Margaret Sweeny	Team Char and Maggie	\$4,000
2. Betty Boyd	Boyd NAMI Denver	\$2,235
3. Deda Nelson	Jefferson Unitarian Church	\$1,670
4. Jessie Gregoty	Walking on Sunshine	\$1,655
5. Charles Elmer	Roxborough Park	\$1,500
6. Gary Diubaldo	NAMI Denver	\$1,250
7. Dennis Bass	Team DenCon	\$1,230
8. Darla Whinston	NAMI High Country Colorado	\$1,155
9. Margaret Elmer	Roxborough Park	\$1,015
10. Julie Goon	Goon Sisters	\$1,000
11. Eunice Collette	NAMI Chaffee County	\$1,000



Top Teams by Size

Team Name	Team Captain	Team Size
1. The Walk Stars	Danielle Diaz	14
2. Yoga Seva Colorado	Krista Hinman	13
3. Stigma Busters	Courtney Maupin	12
4. 501st Mountain Garrison	Star Yeo	10
5. NAMI Boulder	Greg Coleman	9
6. NAMI High Country	Darla Whinston	9
7. The Mollygaggers	Jordan Chisholm	8
8. JLongtin Law	Jennifer Longtin	8
9. St. Luke's Stompers	Anna Bennett	8
10. Walking Warriors	Leona Paul	7
11. NAMI Larimer	Brett Pavel	7



Thank You Sponsors!

National Lead Sponsor

Premier Sponsor:



Presenting Sponsor:



Gold Sponsor:



Silver Sponsor:



Start Finish Line:



Bronze:



Children's Hospital Colorado



Sponsors:



Kilometer:



T-Shirt Distribution:



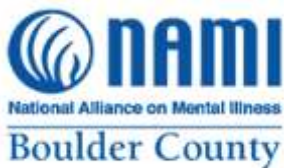
Participating Affiliates



<https://namichaffee.org/>



<https://namidenver.org/>



<https://namibouldercounty.org/>



<https://namihighcountryco.org/>



<https://namijeffco.org/>



<http://namilarimer.org/>



<https://namisoutheastco.org/>

Also

Including Soon to be Reinstated

NAMI Aurora

NAMI Greeley/Union Colony

Thank you to all of our participants! Also you can visit our Facebook page to see the videos people posted: <https://www.facebook.com/officialnamiwalkscolorado/>







Programs



A 6-class course for parents and caregivers of children with mental illness. <https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Basics>



A weekly recovery-focused group for adults living with mental illness.

<https://www.nami.org/Support-Education/Support-Groups/NAMI-Connection>



An early intervention program that engages students, school staff and families in mental health education and discussion.

<https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Ending-the-Silence>



Provide the sharing of experiences, knowledge, hope and coping skills for family members and friends with a loved one with mental illness.

<https://www.nami.org/Support-Education/Support-Groups/NAMI-Family-Support-Group>



A 12-class course for family and friends of adults with mental illness.

<https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Family-to-Family>



A presentation given by individuals with mental illness providing the testimonies.

<https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-In-Our-Own-Voice>



A 6-class course for individuals with mental illness focusing on recovery.

<https://www.nami.org/Support-Education/Mental-Health-Education/NAMI-Peer-to-Peer>

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Join us next year on May 22, 2021

NAMIWalks Colorado!

Thanks to Kevin Barclay (NAMI Western Slope) for participating in our Rally. Thank you for David Garrity for magnets, and marketing. Thank you Chuck Elmer for being a great walk manager through these uncertain times. Also thanks to other rest of our committee for moving through the uncharted territory.

Special thanks to Athena Kabylafkas for taking care of the finances, to Brenda for sponsor support, and Mitch Kusick for being a great team captain and sounding board. We could not get to the finish line without Athena, Brenda, and Mitch. You're awesome!