NAMIWalks Northern Virginia October 10, 2020
Walk Day Timeline
namiwalks.org/northernvirginia

NAMIWalks Your Way Welcome 9AM
Walk Manager, Megan Souza

Opening Remarks 9:30AM
Dan Gillison & Shirley Holloway

Live Opening Ceremonies 10AM
Participant Photo Compilation feat. Rope, a song by Jason Leon
Welcome from Walk Manager
Messages from:
- CEO and President, Kristine Konen
- Board Chair, Melinda VanLowe
- Virginia Governor, Ralph Northam
- Corporate Chair, Jacqueline M. Welch

What to Expect During Walk Day
Choe Flow Cardio with Linda
NAMIWalks Walk Your Way Countdown!

Message from Local Legislators 11AM

Why We Volunteer 12PM
NAMI Northern Virginia Program Leaders

Message from Corporate Chair 1PM
Jaqueline M. Welch

Mid-Day Check-In 2PM

Masker-Piece Contest Closes 3PM
Scavenger Hunt Closes 3PM
Submit entries to volunteer@nami-nova.org

Participant Photo Compilation 3PM
Feat. Rope, a song by Jason Leon

Masker-Piece and Scavenger Hunt Contest Winners 4PM

Live Closing Ceremonies 5PM
Fundraising update and rundown of top teams and fundraisers