

14th Annual NAMI Walks Austin

Saturday, September 28, 2019

REGISTRATION/CHECK-IN: 7:30 a.m.

SHORT PROGRAM: 8:15 a.m.

WALK BEGINS: 9:00 a.m.

WALK ROUTE: The 5k Walk (3.2 miles) begins at The Long Center on W. Riverside Dr. and proceeds North on S. 1st St, East on Cesar Chavez and North on Congress Ave. At 7th St, the walk turns east one block to Brazos St. and North to 11th St. Here walkers can visit the Capitol Water Station before entering the Texas Capitol grounds, walking past the south steps before exiting back to 11th. Walkers will proceed South on Colorado before cutting back to S Congress on 7th St. From here, the walk retraces the route back to the Long Center.

WATER STATIONS: A water station is located on the Long Center lawn and on the sidewalk at Congress Ave. and 11th St.

WALKER SUPPORT: Movemint Bike Cab will be providing free rides to anyone who needs one.

PARKING: Parking is available at either of two garages near the long center.

- Long Center: \$8 per car Enter from Barton Springs Rd.
- One Texas Center: \$5 Located at 505 Barton Springs Rd. (behind Threadgills)

