



**ANGELA**  
MS NAVIGATOR

The National MS Society exists because there are people with MS. **Our vision is a world free of MS.** Everything we do is focused so that people affected by MS can live their best lives as we stop MS in its tracks, restore what has been lost and end MS forever.



**DAWNIA**  
DIAGNOSED IN 2006

## Connect When and Where You Need Us

We're ready to help. Reach out, and we'll show you the way.

- **1-800-344-4867**  
Standard business hours,  
Monday through Friday
- **contactusnmss@nmss.org**
- **nationalMSsociety.org**  
Including live chat
- **MSconnection.org**  
Community discussions including  
MS Navigators



**National  
Multiple Sclerosis  
Society**

**nationalMSsociety.org**  
contactusnmss@nmss.org  
1-800-344-4867

## MS Navigator<sup>®</sup>

Your Trusted Partner  
to navigate the challenges of  
life with multiple sclerosis



**National  
Multiple Sclerosis  
Society**



**JOSEPH**  
DIAGNOSED IN 2008

## Connect to Lasting Solutions

MS Navigators work to find solutions throughout your MS journey, as needs and challenges evolve. We explore all available resources to ensure you have what you need to live day to day: proper housing, equipment for independent living and access to health care. And we connect you to the information, education, resources and tools to help you be more powerful than the challenges of MS, including:

- What you need to know when facing a new diagnosis
- Symptom management strategies
- Financial planning
- Understanding benefits such as health insurance
- Working through employment issues
- Connecting with other people like you
- Dealing with a crisis
- And more

## Comprehensive Support

### For Those Who Need It Most

When the challenges of life with MS are especially complex and overwhelming, and support systems and resources are lacking, MS Navigators initiate case management services through the **Edward M. Dowd Personal Advocate Program**. Through in-home assessments and goal-based planning, our team works to find sustainable solutions to maintain independent living and improve quality of life—ensuring health and safety are not compromised by limited information understanding, or the ability to access community support, services, programs and benefits.

## Your Supportive Partner

Significant challenges and obstacles can get in the way of living your best life—particularly with multiple sclerosis in the picture.

Whether you are a person with MS, a family member or care about someone with MS, the National MS Society is your partner. Our nationwide team of MS Navigators is made up of compassionate, highly skilled professionals who work with you one-on-one to find lasting solutions for the unique and often complex challenges MS can bring.

**Connect with an MS Navigator today!**

**[nationalMSSociety.org/  
navigator](http://nationalMSSociety.org/navigator)**

## Personalized Attention

Support is one-on-one and customized to each individual and family—because **every person's experience with MS is different.**

“The Society comes through for me every time I feel like things are hopeless. The day I met my case manager Dayna was the day my life changed. I can't put into words how much it means to me.”

– Patti, MS Navigator service recipient



**PATTI**  
DIAGNOSED IN 2004