

48 HOUR RIDE

ITEMS TO BRING

TOP 10

- Your bike, helmet and front & rear light for bicycles
- Sunscreen
- Toiletries
- Basic first aid kit (bandages, lozenges, orthoses ...)
- Pop-up tent for your team living area (maximum 10ft x 30ft) *Don't forget ropes or turnbuckles to secure your tent to the cement blocks
- Sleeping tent or recreational vehicle
- Extension cord 100 ft minimum (1 per team) for your Team Living Area
- Chairs and lounge furniture for your Team Living Area
- Reusable water bottle
- Sunglasses

DON'T FORGET TO BRING :

- a reusable coffee mug
- bath towels
- sandals for shower
- a sleeping bag
- an inflatable mattress
- a pillow
- a blanket
- earplugs and eye mask
- an alarm
- a radiator/heator (even if it is warm, for the humidity of the tent)
- a portable BBQ (living area only)
- an electric extension cord 100 ft minimum (1 per team) for recreational vehicles
- power bars
- cell batteries and chargers
- tie wraps
- a raincoat
- spare laundry
- detergent or bar of soap
- spare shoes
- jacket with your team name (if created)
- a bib/shorts (not required but recommended)
- grease for bicycle chain, gears, rags ...
- your yoga mat (There will be classes with a professional)

**AND MOST OF ALL, DON'T FORGET
YOUR SMILE, YOUR GOOD MOOD AND YOU TEAM SPIRIT!**

- Please note that drones are not allowed on the site, since we are located on an airport.
- For more detailed information please read the different pages under the Live the experience section on the left hand side of this page.