

# COPE AGENDA

**Friday, June 25, 2021**

9:00 am-11:00 am ET	COPE SURVIVORSHIP EXPO	
11:00 am – 11:20 am ET	KEYNOTE	
11:30 am – 12:20 pm ET	LUNG CANCER 101 Q & A	
12:30 pm – 12:50 pm ET	CREATING YOUR CAREGIVING ACTION PLAN	
1:00 pm – 1:50 pm ET	PRACTICAL TIPS FROM FAMILY CAREGIVERS- PAST AND PRESENT	
2:00 pm-2:20 pm ET	LUNGevity's PROJECT PEER OR TAKE A BREAK	
	BREAKOUTS	
2:30 pm – 3:00 pm ET	MANAGING WORK & CAREGIVING	LONG DISTANCE CAREGIVING
3:00 pm- 3:20 PM ET	LUNGevity's ACTION NETWORK OR TAKE A BREAK	
3:30 pm – 4:20 pm ET	ESTATE PLANNING, INSURANCE, EMPLOYMENT, & DOCUMENTS YOU NEED	
4:30 pm- 5:00 pm ET	HOSPICE- THINGS YOU'VE ALWAYS WANTED TO ASK	
5:00 pm ET	A CANDID CONVERSATION WITH CAREGIVERS	

**Saturday, June 26, 2021**

11:00 am- 12:00 pm ET	FAMILY & FRIENDS NETWORKING MEETUP	
12:00 pm – 12:50 pm ET	TIPS FOR EFFECTIVE FAMILY COMMUNICATIONS	
1:00 pm – 2:00 pm ET	PALLIATIVE CARE IS SUPPORTIVE CARE	
2:00 pm-2:20 pm ET	TAKE A BREAK!	
2:30 pm – 3:20 pm ET	MANAGING GRIEF DURING (AND AFTER) CAREGIVING	
3:30 pm – 4:20 pm ET	BALANCING PARENTING WHILE CAREGIVING	
	BREAKOUT	
4:30 pm – 5:20 pm ET	WELLNESS FOR THE CAREGIVER: THE IMPORTANCE OF SELF CARE	FINDING PEACE IN THE STORM: SPIRITUAL TOOLS FOR CAREGIVERS
5:30 pm ET	CLOSING REMARKS – TURNING CAREGIVING INTO ADVOCACY	