

# world DOWN SYNDROME DAY

a little something extra  
makes things better



# 5K

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# 10K

Sponsored by Ameritas

## To race or not to race registration form

Race Date: Sunday, March 24th, 2019  
Race Location: Harper Meadows, Winton Woods | Registration at 8:30 am | Race at 10:00 am  
Entry Cost Info: 10K = \$47 | 5K = \$32.10 | Kids Fun Run = \$5 | \*Sleepy Sunday = \$21  
Registration deadline: You are guaranteed a race shirt if you register by 3/8/19  
Payment: Checks made out to: **DSAGC**

\* Sleep in and skip the race. Celebrate with us on Fountain Square on 3/21 and pick up your shirt and goody bag.

Paper registrations should be mailed with payment to:  
DSAGC, 4623 Wesley Avenue, Suite A, Cincinnati, OH 45212

For any race related questions, contact:  
Kecia Pringle 513.535.9647 or Amy Fleming at 513.761.5400



Detach here

Name: \_\_\_\_\_ Sex: Male Female (circle)

**CHOOSE:** 10K  5K  Sleepy Sunday  Kids Fun Run

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ (on race day)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Shirt Size (check one):

<input type="checkbox"/> Kids XS	<input type="checkbox"/> Adult Small	<input type="checkbox"/> Adult 2 XL
<input type="checkbox"/> Kids Small	<input type="checkbox"/> Adult Medium	<input type="checkbox"/> Adult 3 XL
<input type="checkbox"/> Kids Medium	<input type="checkbox"/> Adult Large	<input type="checkbox"/> Adult 4 XL
<input type="checkbox"/> Kids Large	<input type="checkbox"/> Adult X-Large	

### Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release and any all rights and claims for damages I may have against the organizer, the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian if under 18: \_\_\_\_\_