

## FREQUENTLY ASKED QUESTIONS

### WHO IS CATHOLIC RELIEF SERVICES?

**Catholic Relief Services** is the official international Catholic relief and development agency of the United States Conference of Catholic Bishops, and a member of Caritas Internationalis and the National Catholic Development Conference. CRS assists the poor and vulnerable overseas, working in the spirit of Catholic social teaching to promote the sanctity of human life and the dignity of all people.

### WHO IS RISE AGAINST HUNGER?

**Rise Against Hunger** is an international hunger relief agency that has been fulfilling its commitment to end hunger for more than 23 years by bringing meal-packaging events to communities. RAH provides all necessary supplies and staff to host CRS Helping Hands events.

### WHO CAN PARTICIPATE IN A HELPING HANDS EVENT?

Volunteers of all ages are welcome.

### WHAT HAPPENS AT A MEAL PACKAGING EVENT?

Volunteers come together to reflect on our Catholic call to address hunger and to have fun packaging thousands of meals that will help care for people in need around the world.

### WHEN SHOULD I BOOK MY EVENT?

We recommend booking one-three months before you plan to host an event. However, we can often accommodate events within several weeks.

### WHERE CAN I HOST MY EVENT?

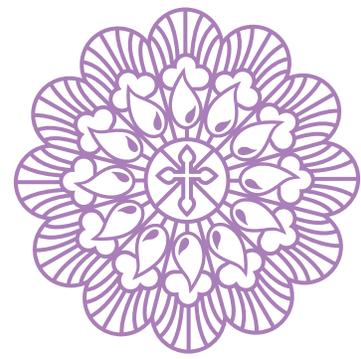
With regards to location size, most parish halls are adequate to hold a meal packaging event. With regards to address, due to warehouse locations, we can hold events in most but not all, states. While nearly all events can be arranged at no additional expense; for any event held more than 100 miles from one of our partner's warehouses, additional travel fees will apply. Those fees range from \$100-\$1,500 and will be shared with you prior to the event.

### HOW MUCH DOES AN EVENT COST?

As of January 1, 2022 meals cost .60 cents each. The minimum event cost is \$6,091.20, which allows you to package 10,152 meals. Additional cost for events goes up per full box of meals. Should you wish to package more than the minimum, our CRS event coordinator will give you an estimate for your planned meal/box count.

### WHAT DOES THE COST COVER?

Unlike many food-packaging programs, CRS Helping Hands event fees pay to ship and distribute meals as well as to fund income generating development projects that help solve long-term hunger. More than a typical aid program, we work to strengthen the communities where we send our food, helping people to experience the basic right of being self-sufficient.



## FAQ'S CONT.

**HOW MANY PEOPLE CAN PARTICIPATE IN AN EVENT AND HOW LONG DOES IT LAST?** For a minimum meal event, it typically takes 60-80 volunteers about two hours. You will also need five to ten volunteers for set up and tear down, which can each take anywhere from 30-90 minutes. Your CRS event coordinator and Rise Against Hunger event facilitator will help you figure out volunteers and timing for events packaging over the minimum.

**WHAT'S IN A MEAL?**

Meals are composed of rice, dehydrated soy, dehydrated vegetables and a vitamin and mineral packet. They are designed to offer the most nutritious, easiest-to-prepare meals possible.

**WHERE ARE MEALS SENT?**

Meals are sent to communities at risk of hunger in 40 countries around the world.

**HOW CAN I HELP CRS LONG TERM?**

After your CRS Helping Hands meal packaging event, we encourage you to join our movement of action and advocacy to transform the world. Sign up to learn more at: [crs.org/leadtheway](https://crs.org/leadtheway).

**HOW MANY MEALS HAS CRS SENT OVERSEAS?**

As of 2021, CRS has sent over 11 million meals to those in need.

**WHEN IS PAYMENT DUE AND HOW DO I PAY**

Payment is due after the conclusion of your event. Our CRS Helping Hands staff will send you an invoice with clear instructions on how to send in any monies due (including multiple checks). Your invoice will also include the subtraction of any online event donations.

**WHY DO YOU REQUIRE THE USE OF YOUR ONLINE SYSTEM?**

Using our event system helps us properly track event numbers and keep volunteers up to date on everything you can do to realize our common goal of ending global poverty. Please note, all volunteers can opt out of CRS emails.