

# Virtual Swag Bag

## 2020 Virtual Jingle Bell Run Pittsburgh

December 11-13, 2020  
[JBR.org/Pittsburgh](http://JBR.org/Pittsburgh)



**CAN'T STOP  
JINGLING!**

**#JINGLEBELLRUN**

**Dura-Band® is a 1" wide elastic rehab / exercise band built with a thick, resilient layering process.** The increased durability to edge tears was the driving force behind its name, delivering an expected lifespan 2x that of a traditional band.

Available in various resistance + thickness levels, Dura-Band® simulates hundreds of functional exercises across rehab, home fitness, and sports integration.

**Innovate your rehab and fitness experience with Dura-Band®.** Find out more at [duraband.com](http://duraband.com) or email us at [info@duraband.com](mailto:info@duraband.com).



What further differentiates Dura-Band® for rehab and exercise?

## + Achieve greater outcomes with more exercise versatility

- **Rehab and medical band systems** – rehab upper and lower extremity exercises, simulating multiple functional exercises
- **Home fitness, Flexibility, Posture and Spine band systems**
- **Neck strengthening trainer kit**
  - Focused exercises for neck strengthening and concussion reduction
  - Utilized by the Pittsburgh Penguins® Foundation, supporting their cause to make sports safer for kids
- **Sport specific trainer integration**
  - Prevents injuries and improves performance
  - Sport training kits – baseball, basketball, cricket, football, golf, martial arts, motocross, soccer, softball, swimming, tennis, and volleyball



## + Safe, gradual adjustment of resistance

- Increase in resistance is very smooth and gradual – this is critical as a sharp rise may cause an injury or exacerbate any existing conditions
- Dura-Band®'s clip and band length adjuster creates a fast set up of exercises – allows for various resistance levels within the same band and multiple bands to be used simultaneously
- Medical rivets attached at each end, eliminating the fear of band slippage



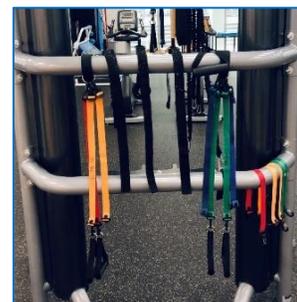
## + Deliver innovative rehabilitation

- Minimize rehab facility contact points and increase patient safety with Dura-Band®'s detachable handles, clip and band length adjuster
- Improve patient compliance and outcomes
- Enhance marketing with customized Dura-Band® kits
- Integrate a revenue generating model – creating an opportunity to enhance facility resources available to patients



## + Less allergenic and zero to minimal powder residue

Dura-Band® is 99.998% free of latex allergens (soluble proteins) and has zero to minimal powder residue



We greatly appreciate your support – 10% of proceeds are donated to various charities.



# CyFIR ENTERPRISE IS A FORCE MULTIPLIER THAT SIGNIFICANTLY REDUCES THE COST OF A BREACH.

CyFIR Enterprise is a revolutionary platform for Incident Response, Internal Investigation, eDiscovery, Threat Assessment, and Threat Hunting. By stopping advanced threats from compromising your networks and stealing or taking hostage valuable data, CyFIR protects enterprises from millions of dollars in potential losses.

## A MOTIVATED ATTACKER WILL FIND A WAY INTO YOUR NETWORK.

THREAT ACTORS ARE CONSTANTLY EVOLVING AND DEVELOPING NEW METHODS TO THWART NETWORK DEFENSES. TRADITIONAL FORENSIC SOLUTIONS CAN TAKE MONTHS TO DETECT THESE THREATS, COSTING ENTERPRISES MILLIONS OF DOLLARS.

Yahoo experienced the largest breach of the 21st century, between 2013-2014, impacting 3 billion user accounts. The breach was likely ensued by “a state-sponsored actor,” and compromised names, email addresses, dates of birth, and telephone numbers had been hashed using the robust bcrypt algorithm. There are three key reasons current processes and controls don’t address, detect, respond, analyze, isolate, and remediate malware compromises:

### 1. ADVANCED PERSISTENT THREATS

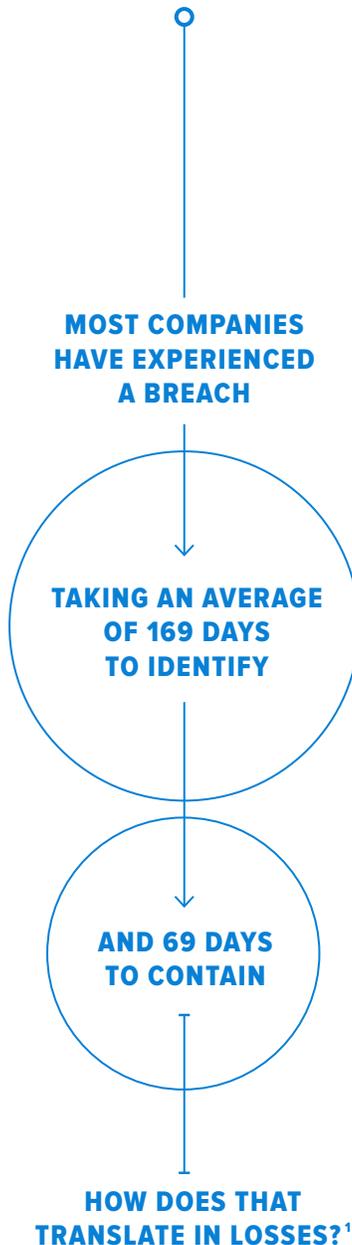
Enterprises lack the ability to identify 100% of the processes that are being executed on their endpoints and internal to their networks. This lack of visibility allows advanced persistent threats (APT) and zero-day malware to get a foothold in the process execution space on the endpoints and can remain undetected for extended periods of time.

### 2. NETWORK VISIBILITY

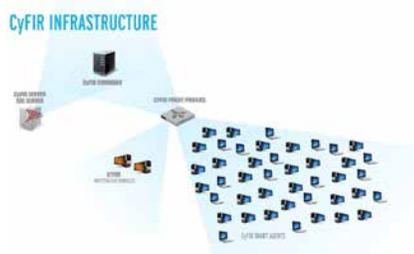
Enterprises typically don’t have the ability to monitor, query, and receive information in near real-time across their networks. This limits the ability to detect anomalies and act quickly to eradicate the threat.

### 3. ADAPTIVE SECURITY ARCHITECTURE

Enterprises are not using an adaptive security architecture to protect against advanced threats. This architecture requires continuous monitoring, analytics, and automation between security systems to reduce the time between threat discovery and threat containment.



<sup>1</sup> “2018 Cost of a Data Breach Study” the Ponemon Institute.



## STRENGTHEN YOUR SECURITY STACK WITH A FORCE MULTIPLIER

*“After we added CyFIR to our security stack, we were able to capture and analyze about 80% more data on our endpoints’ health and activities than we could using ‘our anti-virus solution’ alone.”*

- Major Financial Services Institution

### KEY BENEFITS

- ✓ Unmatched speed to resolution
- ✓ Rapid assessment of all processes leveraging the CyFIR Intelligence Network (CIN)
- ✓ Immediate enterprise-wide forensic visibility to data in memory and on disc across all endpoints without reliance on indexing
- ✓ Depth of endpoint visibility strengthens the security posture of the entire enterprise

## Parallel Processing saves time, money, and resources.

Unlike solutions that limit your analysts to searching a small number of connections, CyFIR allows enterprises to search across the entire network of connected services and workstations concurrently.

### AVAILABLE ENDPOINT AGENTS:

- ✓ Microsoft Windows Workstations and Servers
- ✓ Microsoft Windows Point of Sale
- ✓ macOS
- ✓ Linux

## Platform

Designed by experienced computer forensic practitioners serving the Federal Government (Special Forces, FBI, DEA, CIA), and Fortune 500 companies, the CyFIR Enterprise platform can forensically analyze workstations and servers, including Point of Sale terminals, concurrently – a first in the enterprise forensics industry. Within the CyFIR platform, analysts can review:

- ✓ Remote file systems, including attached removable media
- ✓ Running processes and services in RAM
- ✓ Exchange and multiple legacy electronic mail systems – without bringing down the server and stopping work
- ✓ Screen shots, network captures, and more

## Services

There are not enough digital forensic specialists to match the increase in demand we’ve experienced over the last decade. CyFIR’s team can help identify and contain breaches with our state of the art platform to minimize your financial loss.

### INCIDENT RESPONSE

Live, immediate forensic analysis and incident response on both files on disk and processes running in memory dramatically shortens your company’s exposure during an incident.

### INTERNAL INVESTIGATION

Instantly reach across geographies to rapidly conduct investigations into employee misconduct, company policy violations, harassment, employee pilfering of customer lists, the exfiltration of intellectual property, and other HR-centric infractions.

### E-DISCOVERY

Continuously monitor network activity of your most valuable files. Access to these files will be logged, providing a comprehensive accounting of every person whom opened, copied, or moved a document.

### THREAT ASSESSMENT

Provide insight into clients’ endpoints in near real-time without causing an impact to your business or network operations to identify data breach activities, zero-day exploits, insider threat, and unapproved software installations in minutes or hours vs months or years.

### THREAT HUNTING

A proactive, “eyes-on” approach to analyzing selected endpoints in an environment by experienced analysts. This isn’t scripted analysis; it is a thorough, human review, profiling content on selected systems.

## Speed to Resolution

Malicious code in an organization’s network often goes undiscovered for months or even years. Recent studies have shown the security breaches are discovered, on average, 169 days after the event, and notification usually arrives as the result of a third party. CyFIR dramatically shortens breach impact through its ability to rapidly identify, isolate, remediate, and remove threats from a network by applying a force multiplier to your existing security stack, and quickens speed to resolution through:

- ✓ Centralized Searching for Worldwide Response
- ✓ Total Dynamic Visibility
- ✓ Live Database Search
- ✓ Full Forensic Fidelity

# MORE THAN JUST A RECRUITING FIRM

**Make a Connection. Make it Keystone.**

## Why Keystone?

With over 50 years of recruitment experience, our Keystone Staffing team is positioned to deliver unparalleled results. We understand not only business, but also how businesses operate and what they need to operate.

We are committed to developing a partnership that delivers the best results for our clients. Whether you are a candidate or a company looking to find and retain the best talent the market has to offer, we are dedicated to addressing your business needs and providing you with the opportunity to achieve your ultimate goals. We have a 360° approach to our business which allows us to offer a variety of services including interim support, permanent placement, long and short term consulting and our specialized CFO services. In addition, we offer transitional support to our candidates which includes career coaching, resume assistance and interview preparation.

With our Keystone 360° experience our goal is helping to achieve yours.

## Our Leadership Team



Tony Canella  
Managing Director  
(412) 586-2068  
tcanella@keystonestaffingllc.com



Wendy Kowal  
Division Director  
(412) 564-2728  
wkowal@keystonestaffingllc.com



Scott Callan  
Sales and Recruiting Director  
(412) 564-2727  
scallanekeystonestaffingllc.com

# CONSULTING PRACTICE

At Keystone Staffing Solutions, we have changed the way companies can select, implement, and hire highly skilled accounting and finance consultants. Keystone Staffing allows you to select from a diverse group of qualified consultants for your project needs so that you can confidently hire the best person for the job.

We understand that no one knows your business better than you. At Keystone Staffing, we don't dictate the solution to you, we listen to your needs and work hard to provide multiple, highly pre-screened and thoroughly vetted candidates that you can choose from, meet with, and select based on personal preference. Keystone Staffing will hire these consultants, provide benefits, PTO, and ongoing training and support to ensure that your project is completed efficiently, on time and under budget.

## Projects Include:

- M&A Projects
- Restructuring
- High Level Medical or Personal Leave
- Internal Audit Support
- Corporate and Public Tax Service
- Strategy & Organization
- Process & Technology
- Interim CFO/Controller Services
- SEC/Technical Accounting Assistance
- Regulatory Reporting

## PERMANENT PLACEMENT

At Keystone Staffing, we work with dynamic and innovative companies and candidates in a variety of industries and roles. Our clients include Fortune 500 corporations, as well as prominent small and medium-sized businesses. We work with leaders in the energy sector, manufacturing companies, real estate firms, engineering firms, marketing/advertising agencies, medical offices, media companies, non-profits, law firms, telecommunication companies and transportation/logistics firms, helping to build their teams with high-performing talent.

When it comes to accounting and finance we understand that our clients have many diverse needs. This is why we offer a number of distinct services that can be used individually, or combined as necessary, to deliver uniquely powerful and cost-effective solutions. From CFOs to staff accountants, Keystone has you covered.

## CFO SERVICES

Keystone Staffing's CFO Services Group is Pittsburgh's number one resource for filling CFO positions on both a retained and 100% contingency basis.

Our experience with this level of search allows us to identify and recruit the very top financial talent available within the marketplace. We have been brought in to fill CFO and VP of Finance roles that other retained search firms have not been able to fill, because we have a reputation for being able to deliver quality candidates.

We have filled CFO positions for small, privately held start-ups and companies exceeding up to 1B in revenue. Keystone Staffing can find a CFO or financial executive that will take any company to the next level. We have an outstanding service offering and can present competitive pricing on both our permanent search model and interim CFO services.



# FIRM OVERVIEW

## Who We Are

Urish Popeck & Co., LLC was founded more than 40 years ago. We serve closely-held and public clients through offices in Pennsylvania, and affiliated offices in Ohio, Michigan, Florida, Chicago and Washington, DC. Urish Popeck has full service assurance, tax, and risk advisory practices, along with a wide array of traditional and non-traditional consulting services that help our clients to prosper.

Urish Popeck is registered with the Public Company Accounting Oversight Board (PCAOB) and the Canadian Public Accounting Board (CPAB). Our reputation for professional excellence and integrity has been established through a rigorous commitment to quality and compliance with professional standards, as demonstrated by our membership in the AICPA's SEC Practice Section and Center for Audit Quality since its inception in the 1970s.

## Major Services Areas

Comprehensive assurance and tax services, IT risk and security, cyber security, forensic and valuation, engineering business services, wealth management, corporate real estate and staff augmentation.

## Key Industries

Manufacturing and distribution, natural resources, tax-exempt and governmental, healthcare, retail and consumer product, energy, technology, construction and real estate, insurance, cannabis, private equity, financial institution, professional and international services.

## Value Added Consulting Services

We support our clients with an array of comprehensive financial and business advisory services under the umbrella of one organization. Among the advisory services we provide are due diligence, forensic accounting, R&D benefit optimization, cyber security assessments, cyber incident response and remediation, and tax benefit consulting for manufacturers and exporters specific to 2018 tax code changes.

## Selected Engagement Examples

- Closely-Held Audit Clients Become Public - Auditors for several technology companies that we nurtured from start-up and prepared for acquisition by Fortune 500 companies;
- Government Contracting - We provide audit services to a robotics company with key federal government contracts;
- Forensic and Valuation - Provided Services to one of the worlds leading private equity firms and one of the top investment banks;
- Risk Advisory - Clients have included national financial services firms, international consumer products companies, and Fortune 500 companies from manufacturing and energy industries.

# U.S. FIRM OVERVIEW



## **BDO USA, LLP and Alliance Firms - U.S. Operations**

As a founding member of the BDO Alliance more than 20 years ago, Urish Popeck is able to offer unique advantages to our clients. Clients benefit from the strength of a unified team of advisors in assurance, tax, financial advisory, and consulting services. We also offer an entrée to our network of professional advisors, including subject matter experts in the manufacturing, technology, financial and healthcare industries, as well as the BDO International global network.

Our U.S. organization serves clients through 60+ domestic BDO offices and a national group of independent alliance firms such as Urish Popeck, totaling more than 10,000 professionals and combined revenues exceeding \$2.5B.

As an independent Member Firm of BDO International Limited - the world's 5th largest accounting organization - BDO serves multi-national clients through a global network of 1,500 offices in 160+ countries.

## **How Urish Popeck Clients Benefit**

The power of our alliance relationship ensures that Urish Popeck has the depth and breadth of resources to meet all of our clients' current and future needs. Urish Popeck staff participate in national practice group conferences and our engagement leaders can consult with national technical directors and industry specialists as specific circumstances may require. Our domestic offices are linked by our proprietary 'Alliance Portal' for technical support and analysis by industry sector of the impact of economic and regulatory developments. Our continuing professional education resources are exceptional. In summary, our clients benefit from the support of a national firm, as well as access to the BDO International contacts around the world.

### **BDO by the Numbers:**

*(As of 2019)*

- U.S. Revenue 2017: \$1.47 Billion
- U.S. Professional Staff: 5,528
- U.S. Offices: 60+
- Alliance Firm Personnel: 12,000+
- Publicly Traded U.S. Clients: 300+
- Industry Practices: 15
- Founded: 1910
- Global Rank: #5
- Global Offices: 1,591
- Countries: 162
- Global Employees: 80,000+
- Global Revenue 2017: \$8.1 Billion

## **Global Reach, Industry Knowledge**

Internationally, drawing upon the capabilities of the world's fifth largest professional services network, Urish Popeck brings to bear high caliber resources in all major geographies and across a broad spectrum of industries.

We can call on our global network of international liaison partners to support client service teams in coordinating service delivery across international or multi-location assignments.

# Thoughtful solutions to help you reach your financial goals

## Advisory Services

- Financial Planning
- Portfolio Management
- Estate Planning
- Legacy Planning
- Tax Strategies
- Concentrated Holdings Strategies

## Key Characteristics

- As a Pennsylvania Registered Investment Advisor (RIA), we have a fiduciary responsibility to put your interests first.
- Our interests are aligned with yours.
- No proprietary products
- We have invested in sophisticated technology to ensure you get the portfolio customization you need while efficiently benefitting from the best thinking of our investment team.

## Comprehensive Wealth Management

Our Advisory Team works to determine each client's investment goals, objectives, constraints and risk tolerance. Based on an analysis of these factors, Steel Tower Investments constructs globally diversified investment strategies that are designed to provide appropriate after-fee, after-tax, risk-adjusted-returns within the risk guidelines of each client. Our mission is to construct portfolios that enable our clients to reach their financial goals while helping to limit the negative impact of a market downturn on their assets.

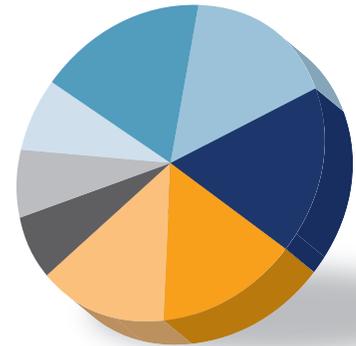
Our approach is based on the tenets of asset allocation, diversification, and goals-based investment planning. Steel Tower Investments strongly believes in a long-term strategic approach to asset allocation. As the capital markets move through normal cycles, our disciplined strategic approach can help prevent common investing mistakes such as buying into a trend or selling after a downturn.

We do not believe in timing the market; we believe in establishing and adhering to a long term, strategic allocation. We continuously evaluate our strategic allocation assumptions. When we identify a secular shift in the long-term, risk-return expectations in the capital markets, we adjust the strategic allocation accordingly. The strategic allocation is not altered frequently. We also will make subtle tactical changes in our clients' portfolios based on the short to mid-term perceived risk-return environment.

The Steel Tower Investments portfolios are globally diversified across a broad range of asset classes:

## Globally Diversified Portfolios

- |  |  |
|--|--|
|  Fixed Income               |  Small Cap Equities |
|  Foreign Developed Equities |  Mid Cap Equities   |
|  Large Cap Equities         |  Real Assets        |
|  Emerging Market Equities   |  Hedged Equity      |



## Investment Process

Our goal is to provide our clients with well-informed, thoughtful investment solutions. Our investment process begins with the understanding that the risk profile of each client's portfolio is just as important as its expected return. As a result, we actively manage the risk profile of our clients' portfolios. The primary way we manage the risk profile of a portfolio is by having a globally diversified portfolio across a broad range of asset classes. The selection of the investments that are included in our strategies is based on an analysis by our affiliated firm's Asset Management Unit and is supported by research from several respected research firms.

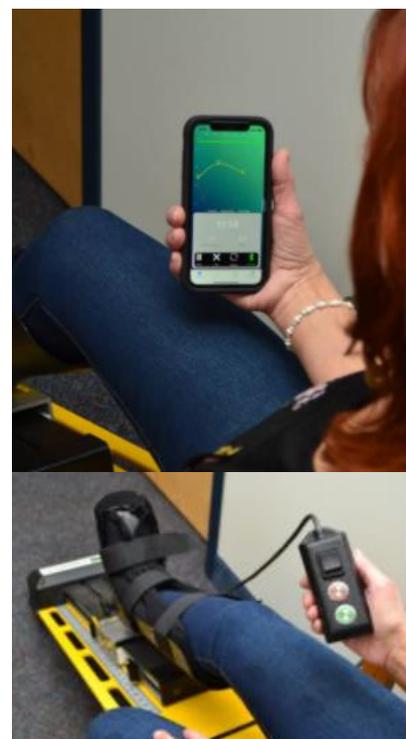
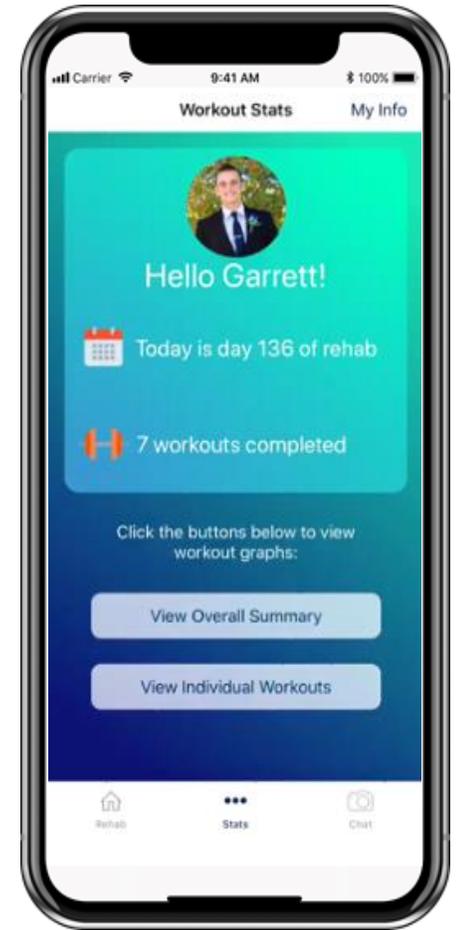
**Return to full activity sooner with the Gener-8<sup>®</sup> Postop Knee Rehab Device + Telemonitoring App!**

- Rehabilitates the patient – safely, efficiently, and cost effectively
- Improves outcomes – many do not require PT outpatient visits

**Driven on a Telemedicine and data analysis platform – the Gener-8<sup>®</sup> device goes beyond the standard post-surgical knee rehab available on the market.**

Designed by a highly trained PT with almost 30 years in the rehab industry + a leading Fortune 500 Innovation Engineer, **Gener-8<sup>®</sup> progresses the patient through 8 postop rehab treatment benefits all in one device.** From the comfort and convenience of the patient's home or office, the patented technology guides the patient through passive, active assist, active, and resistive/strength training range of motion (ROM) PLUS proprioception, biofeedback, active seated position, and passive knee extension. **Gener-8<sup>®</sup>'s innovation successfully fulfills the 2020 APTA TKA guidelines.\***

The integrated **Gener-8<sup>®</sup> Telemonitoring App safely connects the patient to their clinicians – measuring daily targets and transmitting real time performance data** direct to their clinicians.



Gener-8<sup>®</sup> delivers **8 treatment benefits all in one rehab device**. Improving patient outcomes is the driving force behind this innovative product.

**SURGERY PASSIVE**

**ACTIVE ASSIST ACTIVE STRENGTHENING FUNCTIONAL OUTCOME**

**Without Gener-8<sup>®</sup>**

Only one treatment benefit of passive ROM

**With Gener-8<sup>®</sup>**

Gener-8<sup>®</sup> goes beyond one passive ROM, providing 8 postoperative treatment benefits driven on a Telemedicine rehabilitation platform

## One rehabilitation device. 8 treatment benefits.

1. Passive ROM



2. Active Assistive ROM



3. Active ROM



4. Resistive ROM



5. Proprioception



6. Biofeedback



7. Active Seated Position



8. Passive Knee Extension



### + Reduce swelling and the risk of stiff knee

Open knee design allows for ice or compression wrap application during usage + Gener-8<sup>®</sup> protocols can be written including passive knee extension, reducing the risk of stiff knee

### + Early active muscle contraction and mobility

Active and Resistive ROM components allow for more active muscle contraction, pumping fluid from the joint earlier in the rehab process

### + Telemedicine and data driven platform

The comprehensive connected rehab device increases patient compliance and satisfaction – measuring daily targets and transmitting real time performance data to clinicians

### Word on the street

This testimony reflects the experience of many others

“My in-home rehab unit (Gener-8<sup>®</sup>) was delivered to my house within 24 hours and I was educated on the benefits and features of the program. The virtual specialist that I worked with effectively managed the progression of my doctor's rehab protocol. I safely rehabbed in the comfort of my own home.”

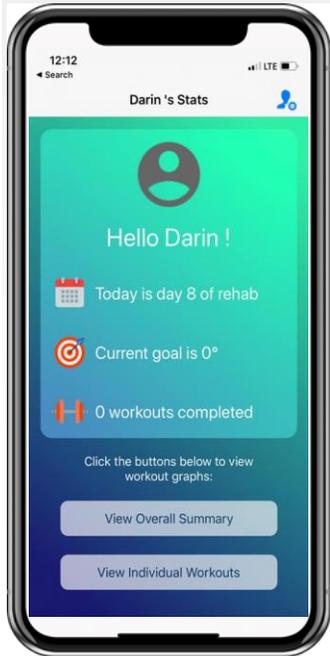
– Allen P., patient of Michael Feign, DO Colorado Springs



Gener-8® provides an interactive patient monitoring App. Telemonitoring creates an effective, safe, and convenient way to connect the patient with their Medical Professional. See a sample of App highlights below.

## Patient goals

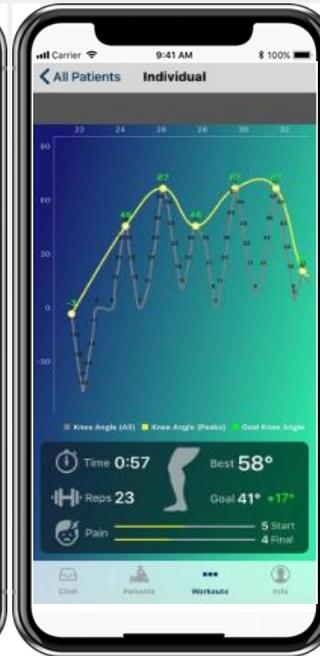
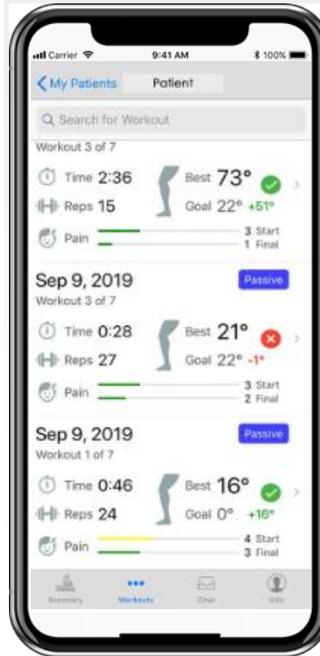
Helps keep patient progressing towards a positive outcome



- Increases rehab success – App notifies clinicians if patient does not meet ROM goals for consecutive sessions or pain levels exceed set limit
- Requires minimal data entry from patient

## Patient summary and stats

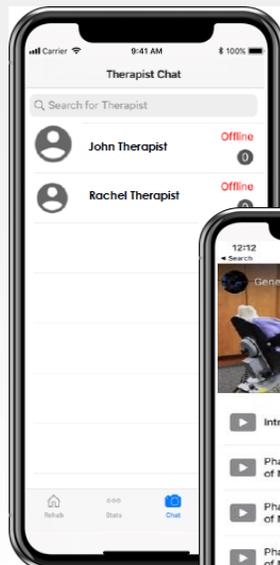
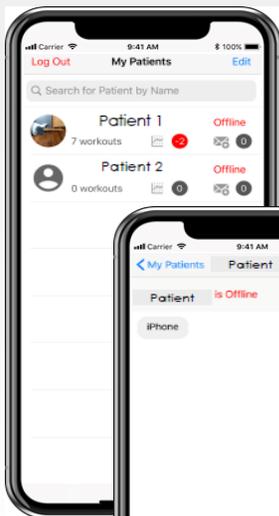
Analyzes patient data trends – 24/7 data insight ensures the right patient rehab pace, further preventing complications



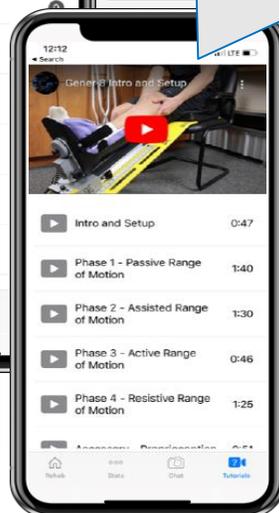
- Includes daily goals achieved – rehab time, ROM, reps, and pain level
- Provides quantifiable answers of effective rehab, not just ideas believed to work
- Allows the PT to see their patient while actually performing home rehab

## Telechat, quick tutorials, and interactive progress monitoring

Telemonitoring and its virtual interface increases both the patient and PT's confidence in the rehab process – driving improved outcomes and reducing readmissions



Patient friendly interface – easy, helpful video tutorials for each rehab phase



- Designed with HIPAA compliant Vidyo® and Epic® – creates a dynamic and safe interface at the push of a button
- Provides a secure online text and video patient chat room
- Reduces readmissions, saves resource time and PT outpatient visits
- Increases the PT's support with visibility to their active patients across 1 dashboard



Gener-8<sup>®</sup> improves patient outcomes and reduces costs – creating rehab benefits for home and hospital use.

## + Rehabilitates the patient to full activity sooner

### Reduce the risk of stiff knee and vascular complications

- Gener-8<sup>®</sup> decreases vascular complications by early activation and mobility
- Protocols can be written with passive knee extension, reducing the risk of stiff knee
- Open knee design allows for ice or compression wrap application during usage

### Improve compliance with ease of use

- Most protocols require 3 hours, 2x/day from the patient's bed, couch, or floor. Gener-8<sup>®</sup>'s comfort and ease of use improves patient compliance – allowing them to virtually connect to their clinicians and multi-task while rehabbing from their home or office desk chair

### Increase patient satisfaction and safety

- Home rehab and virtual connection to the patient's clinicians at the push of a button for rehab treatment support and/or re-evaluation of their surgery
- Reduce patient exposure to COVID-19 through at home rehab process

## + Delivers significant financial benefits

### For the Patient

- Guides the patient through 8 postop treatment benefits – helping advance a quicker recovery and optimizing the patient's PT visits for when best suited for no increased costs
- The integrated telemedicine and data driven App – drives a more effective rehab process
  - Monitors and progresses the patient in real time, tracking metrics across ROM, compliance, pain as well as direct HIPPA compliant video interface to their clinicians
  - New laws passed since COVID-19, most insurers waive copays for PT using Telemedicine, saving costs and reducing the number of outpatient visits

### For Hospitals and Health Care Providers

- Patients effectively do more at home and move towards capitated rates – reducing rehab complications, readmissions, and second surgeries
- Save resource time and PT outpatient visits – based on current patients utilizing Gener-8<sup>®</sup>, a majority complete resistance training in 21 days and do not require PT outpatient visits
- Increase cost savings to health systems on a bundled payment program – greatly benefits both integrated delivery finance systems and stand alone private, especially those under a bundled payment program for total knee replacements or those with limited rehab visits

**We look forward to introducing you to the Gener-8<sup>®</sup> vision.** Contact us by phone, text, or email. To learn more about our other products, check out [duraband.com](http://duraband.com).

412.566.3490

info@gener-8.com

1773 Pine Hollow Road  
McKees Rocks, PA 15136





**DELATORRE**

*Orthotics and Prosthetics, Inc.*

**To schedule an appointment**

**Prosthetics 412-599-1105**

**Orthotics 412-599-1102**

**Pediatrics 412-599-1117**

**Robinson**

200 Cedar Ridge Drive, Ste. 205  
Pittsburgh, PA 15205  
Fax (412) 921-3005

**Seven Fields**

400 Northpointe Circle, Ste 102  
Seven Fields, PA 16046  
Fax (724) 779-7705

**Harmar**

2585 Freeport Road, Ste 104  
Pittsburgh, PA 15238  
Fax (412) 828-2833

**Pleasant Hills**

25 Old Clairton Road  
Pleasant Hills, PA 15236  
Fax (412) 714-4703

**Monroeville**

2644 Mossidae Blvd. Ste 118  
Monroeville, PA 15148  
Fax (412) 457-0555

**Washington**

302 W. Chestnut Street  
Washington, PA 15301  
Fax (724) 225-1496

**Butler**

103 S Duffy Road  
Butler, PA 16001  
Fax (724) 283-2224



**To schedule an appointment**

**412-622-2020**

**Pittsburgh**

3424 Liberty Ave  
Pittsburgh, PA 15201  
Fax (412) 621-6315

**South Park**

5704 Brownsville Rd  
South Park, PA 15236  
Fax (412) 943-1954

**Canonsburg**

161 Waterdam Rd  
Suite 140  
Canonsburg, PA 15317  
Fax (412) 621-6315

**Cranberry**

9130 Marshall Rd  
Cranberry Twp, PA 16066  
Fax (724) 742-1055

**East Rochester**

832 Ohio River Blvd  
East Rochester, PA 15074  
Fax (724) 728-0902

**Monroeville**

4280 Old Wm Penn Hwy  
Monroeville, PA 15146  
Fax (412) 372-7830

**Greensburg**

3 Gibraltar Way  
Greensburg, PA 15601  
Fax (724) 836-8810

**Indiana**

1835 Oakland Ave  
Indiana, PA 15701  
Fax (724) 801-8378

**Johnstown**

969 Eisenhower Blvd  
Suite D  
Johnstown, PA 15904  
Fax (412) 372-7830

**Clearfield**

24 Paradise School Rd  
Clearfield, PA 16830  
Fax (724) 742-1055

**Titusville**

823 W. Spring Street  
Titusville, PA 16354  
Fax (814) 827-4272

**Erie**

1910 West 26th Street  
Erie, PA 16508  
Fax (814) 454-8989

**Hermitage**

3880 E State Street  
Hermitage, PA 16148  
Fax (814) 827-4272



Making the journey toward knee replacement personal

OA MY WAY® is a personalized program designed to help **motivate**, **educate**, and **support** those who are considering total knee replacement (TKR). This program provides you with a **personalized experience** that was **designed to encourage you along your entire journey**—from thinking about surgery, to scheduling it, and finally through your post-surgery recovery period.

Visit [www.OAMYWAY.com](http://www.OAMYWAY.com) to enroll today and take the next step on your journey!



We've spoken to people with Osteoarthritis (OA) of the knee who are considering TKR to learn about some of their fears, frustrations, and hopes for the future. Based on what *they* have told us, **we've customized the resources available to you.**

## OA MY WAY support features include



### Education and Guidance

Learn about the TKR procedure and develop a clearer understanding of the progress and pitfalls you can expect to experience on your journey



### Support From Others

Gain access to valuable insights from people who have been through their own TKR journey



### An Active Community

Offer your own insights and answer polls so future communications can be customized to your experience

Visit [www.OAMYWAY.com](http://www.OAMYWAY.com) to enroll today and take the next step on your journey!



DePuy Orthopaedics, Inc.  
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[www.depuysynthes.com](http://www.depuysynthes.com)

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Making the journey toward hip replacement personal

OA MY WAY® is a personalized program designed to help **motivate**, **educate**, and **support** those who are considering total hip replacement (THR). This program provides you with a **personalized experience** that has been **designed to encourage you along your entire journey**—from thinking about surgery, to scheduling surgery, to your post-surgery recovery period.

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