



POSTAGE
REQUIRED

What is the APDA Optimism Walk?

Join us for a fun-filled fundraising event that offers a short non-competitive walk and other family-friendly activities.

Each Optimism Walk is part of a nationwide movement to mobilize and inspire people to step up and help put an end to Parkinson's disease. Be a part of it!

Why Walk?

Every nine minutes someone is diagnosed with Parkinson's disease.

The more funds we raise, the more people we can help.

Funds raised enable APDA to continue providing local education, support and education to those touched by Parkinson's disease right in your own communities, and also fund scientific research into the causes, prevention, treatments and ultimately a cure.

About APDA

Every day we provide the support, education, and research that will help everyone impacted by Parkinson's disease live life to the fullest. APDA is the largest grassroots network serving people with Parkinson's disease and their families.

The American Parkinson Disease Association is a 501(c)(3) organization.
Tax ID # 13-1962771



APDA is here to help the one million people living with Parkinson's disease and their care partners. If you know someone impacted by Parkinson's, please visit www.apdaparkinson.org for information and support.

American Parkinson Disease Association
Southern California Optimism Walk
135 Parkinson Avenue
Staten Island, NY 10305
310.486.0153
apdaparkinson.org/cawalk



Walk with us and help put an end to Parkinson's disease!
apdaparkinson.org/cawalk

Optimism Walk
Southern California
Saturday, April 28, 2018

South Coast Botanic Garden
Palos Verdes Peninsula, CA
Arrive: 8:30 am • Walk: 9:30 am

Register online today!
apdaparkinson.org/cawalk

Strength in optimism. Hope in progress.

Register Online Today! Easy as 1-2-3!

Step 1: Go to apdaparkinson.org/cawalk

Step 2: Create or join a team or register as an individual

Step 3: Start fundraising!

Saturday, April 28, 2018

Arrive: 8:30 am Walk: 9:30 am

**South Coast Botanic Garden
26300 Crenshaw Blvd
Palos Verdes Peninsula, CA 90274**

Great Incentive Prizes!

- Raise \$100 or more and get a FREE Optimism Walk t-shirt
- Raise \$500 or more and get a FREE Optimism Walk hat
- Raise \$1,000 or more and become a Circle of Optimism Member! Receive a special medal during Opening Ceremony and additional recognition on our website and social media!

For more information about the walk:

Call: 310.486.0153

Email: cawalk@apdaparkinson.org
apdaparkinson.org/cawalk

We appreciate the dedication and support of our
Optimism Walk Sponsors

National Sponsors



Registration Form

(If you register online, you do not need to complete this form.)

PARTICIPANT NAME

FUNDRAISING GOAL

Raise \$100 or more and receive a t-shirt:

Circle: **Adult** or **Youth** Circle size: **S M L XL 2XL**

ADDRESS

CITY, STATE, ZIP

EMAIL (REQUIRED)

PHONE



Registration Options

(Those registering via this paper form will need to sign a printed waiver upon check-in at the event.)

I am registering as an Individual.

I am registering as a Team Captain and creating a team:

TEAM NAME

I am registering as a member of an existing team:

TEAM NAME

I cannot attend but am making a donation: (See below.)

\$

Donate online now or use this form.

My donation should be allocated to:

TEAM NAME OR INDIVIDUAL WALKER'S NAME

My gift is in *memory* OR *honor* of:

Donation Payment Options

I am paying by check.

(Make checks payable to APDA)

I am paying by credit card:

MasterCard VISA AMEX Discover

CREDIT CARD NUMBER

EXPIRATION DATE

CVV

Billing name & address are same as above.

If not, please include that info below.

NAME

ADDRESS

Please mail form to: APDA - CA Walk

135 Parkinson Avenue, Staten Island, NY 10305

Donations are tax-deductible to the full extent allowed by law.

Thank you for your generosity and support!