



## 2019 ANNUAL REPORT

# A Year of Transformation

### Letter from the CEO

AIDS Foundation Houston's mission to end the HIV epidemic in Houston is bold but attainable! Initial

2019 year-end data from the City of Houston Health Department indicate that we may be witnessing for the first time an appreciable decrease in the number of new HIV cases. With clinical trials underway, the hope for a safe, effective vaccine may be closer than ever. And new treatment regimens are making adherence and sustained viral suppression a real possibility for people living with HIV. An undetectable viral load means that HIV will not be transferred sexually to another. This is called U=U, and we were proud in 2019 to formally endorse this *treatment as prevention* strategy.

### GOT SERVICES – FT. BEND COUNTY

"Where's the money coming from this month?" Annette\* wondered. Her HIV was under control, but her job paid so little she struggled to cover the rent on her run-down apartment. The AFH Stone Soup pantry helped by providing food, freeing up her income for rent and other necessities. "With my stress level reduced, I was able to focus on finding a better job, and I got one." Annette's case worker sent her information on nicer apartment complexes. "I'm moving soon!"

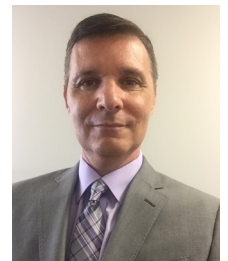
In 2019, AFH experienced growth – in our Board, our staff, and our services. To ensure that we play a vital community role in realizing the day when HIV no longer threatens the health and well-being of fellow Houstonians, we began to realign everything we do around the four pillars of the national plan to end the epidemic by 2030: *Diagnose, Treat, Prevent, and Respond*.

We expanded our partnerships and testing hours to reach more Houstonians with HIV and STI testing and completed over 1,200 tests in an effort to **diagnose** HIV as early as possible. Recognizing that **treating** HIV and sustaining viral suppression involves much more than clinical care, we continued focusing on the social drivers of health – stable housing, food and nutrition services, benefits and resources counseling, case management, and employment training – while quickly linking persons living with HIV to affordable, appropriate primary health care.

Our strategy to **prevent** new cases included significantly expanding our PrEP Care services in collaboration

with Dr. Gordon Crofoot, M.D., a premier physician and researcher, and with the addition to our team of Dr. Teriya Richmond, Chief Medical Officer. Moreover, we partnered with *mistr* to launch an online portal for PrEP Care that eliminates paperwork, lab visits, and doctor's office waiting rooms ([heymistr.com/afh](http://heymistr.com/afh)). We saw marked increases both in awareness of and access to PrEP in 2019. Finally, we continue to partner with local governmental agencies and community partners to **respond** by identifying vulnerable and hardly reached communities, which in turn informs our outreach and testing campaigns.

For 38 years, AFH has been on a mission: *To lead the innovative efforts in the prevention of new HIV infections and to empower individuals, families, and communities affected by HIV to create and sustain healthy lives.* And we will be here for however long it takes – until it's over.



### Mission

AIDS Foundation Houston, Inc. (AFH) leads the innovative efforts in the prevention of new HIV infections and empowers individuals, families, and communities affected by HIV/AIDS to create and sustain healthy lives.

### Vision

We envision a supportive community free of new HIV infections where individuals affected by HIV/AIDS lead healthy and productive lives without stigma and discrimination.

## Leadership

### Senior Leadership Team

**John Huckaby**  
Chief Executive Officer

**Teriya Richmond, MD, MPH**  
Chief Medical Officer

**Necole Moore**  
Chief Operating Officer

**Nicholas Williams**  
Chief Financial Officer

**Derrick M. Brown**  
Chief Development Officer

**W. Jeffrey Campbell**  
Chief Program Officer

### Board of Directors

**CHAIRPERSON**

**Leslie Nagy**  
Waste Management

**CHAIRPERSON-ELECT**

**Kyle T. Pierce**  
LyondellBasell

**TREASURER**

**Russell Cotton**  
KPMG

**SECRETARY**

**Jennifer Simons**  
Parker Drilling

**John Paul Arellano**  
Frost Bank

**Ali Dhanji**  
Financial Advisor

**Rev. Leslie Jackson**  
St. Peter United Church of Christ

**Jan Leger**  
University of Houston

**Karra Marino**  
Just Energy

**Thomas McDaniel**  
International VP  
Transport Worker's Union

**Craig S. Miles**  
King & Spalding

**Cwanza A. Pinckney, MD**  
Attending Physician, Larkin Group

**Michelle Pisklak**  
Erdo Investments

**Mark Roth**  
Avita Pharmacy

**Tiffany Scales**  
Executive Director  
Toiletries for Families

**Caroline Starry**  
Treaty Oak Distilling

**James Young**  
alliantgroup

### PrEP CLINIC

"I'm HIV-positive but undetectable," Keith\* said nervously. Malik\* was HIV-negative, but he didn't know why being "undetectable" made a difference. He only knew Keith was "an amazing guy...definitely the man of my dreams." Through online research, Malik discovered that being undetectable meant Keith couldn't pass on the virus through sex. He also discovered AIDShelp.org and learned that the AFH PrEP Clinic could help him protect himself further. "I came in for pre-screening and got a PrEP prescription soon after. I am so grateful to AFH."

\*Names changed

## Statistics and Sources

Number of persons living with HIV in the U.S.<sup>1</sup>

**1,254,576**

Number of persons living with HIV and AIDS in Greater Houston Area<sup>2</sup>

**38,385**

Number of persons diagnosed with HIV in Greater Houston Area in 2019<sup>2</sup>

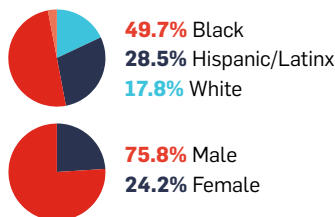
**794**

Houston ranks **10<sup>th</sup>** in the U.S. for number of people living with HIV<sup>1</sup>



Texas ranks **10<sup>th</sup>** in the U.S. for number of people diagnosed with AIDS (20.6 diagnoses per 100,000)<sup>1</sup>

Demographics of Houstonians living with HIV<sup>3</sup>



Number of transgender persons living with HIV in Houston<sup>3</sup>

**12** Transgender FtM  
**252** Transgender MtoF

AIDS diagnoses within 3 months of HIV diagnosis

**17.2% (2017)<sup>3</sup>**

Nationwide HIV+ unaware of their status<sup>4</sup>

**1 in 7**

SOURCES:

- Centers for Disease Control and Prevention. HIV Surveillance Report, 2018 (Preliminary); vol. 30. [cdc.gov](http://cdc.gov). Published November 2019. Accessed March 30, 2020.
- AIDS: Summary of Houston/Harris County Cases, Cumulative - Reported 1981-12/31/2019. [houstonx.gov](http://houstonx.gov). Accessed April 27, 2020.
- Emory University, Rollins School of Public Health, AIDSvu: Local Data: Houston. [aidsvu.org](http://aidsvu.org). Published January 1, 2019. Accessed March 30, 2020.
- HIV.gov. HIV Basics, Overview: Data & Trends, U.S. Statistics, Fast Facts. [hiv.gov](http://hiv.gov). Published January 15, 2020. Accessed March 30, 2020.

## Major Donor List (Donations received Jan. 1, 2019 – Dec. 31, 2019)

**\$50,000+**

Chevron USA, Inc.  
Gilead Foundation  
The Brown Foundation, Inc.  
ViiV Healthcare/GlaxoSmithKline

**\$25,000 - \$49,999**

Broadway Cares/Equity Fights AIDS  
Kittsie & Charlie Thomas Family Foundation  
Texas Children's Hospital

**\$10,000 - \$24,999**

Nora And Bob Ackerley  
AIDS United  
Avita Pharmacy  
BBVA  
Bunnies on the Bayou, Inc.  
Connie Finck  
ExxonMobil

Gillman Subaru  
Junior League of Houston, Inc.  
Memorial Drive Presbyterian Church  
Philter Ventures  
Quest Diagnostics

**\$5,000 - \$9,999**

Air Liquide USA  
Alicia M Carrazana, DMD, PA  
George and Mary Josephine Hamman Foundation  
Janssen Therapeutics  
Macy's  
Tabitha & Celie Niehaus  
Kyle Pierce & Daryl Shorter, MD  
Shell Oil  
Jennifer & Craig Simons  
Charles Slade Jr.  
Thomas Stewart  
Strike

**\$2,500 - \$4,999**

Russell Cotton  
El Tiempo 1308 Cantina - Rocki's, Inc.  
FMOL Health System, Inc.  
Heights General Store (dba Harold's Restaurant)  
Houston Young Lawyers Foundation  
Daniel McFadden  
Duyen Nguyen  
Stewart Prentice  
Boy Salas



# AFH Program Impact Metrics

## HIV Testing

Number tested

**1178**

Percent educated about PrEP

**100%**

Number positive / Percent positive (of all tested)

**29/2.5%**

Percent linked to care

**93%**

## Stone Soup

Number of clients unique served

**1,195**

Pounds of food distributed

**53,243**

## Camp Hope

Number of campers

**69**

Number who took part in HIV class

**29**

(Note: 17 campers from Louisiana were unable to attend due to a hurricane)

Percentage of those in HIV class who...

UNDERSTOOD HIV MEDS:

**100%**

PLAN LIFELONG MEDICAL ADHERENCE:

**85%**

### FIRST RESPONDERS HOUSING PROGRAM

"I had HIV... and cancer." Even before she was diagnosed with cancer, Chelsea's\* disability benefits were her sole source of income. The AFH First Responders housing program put a roof over her head and helped support her through her cancer treatments. "I'm now free from cancer. I even found a job and was able to get a car of my own. Thank you, AFH."



Stock photo. Posed by model.

\*Name changed

## Housing

Percent of residents linked to care

**80%**

Percent of residents with income < \$10K

**83%**

Percent of residents with income \$10K-\$20K

**12%**

Number of residents who "graduated" to independent living

**6%**

## Prison Peer Education

Number of prisons where program operates

**100**

Number of newly trained peer educators

**535**

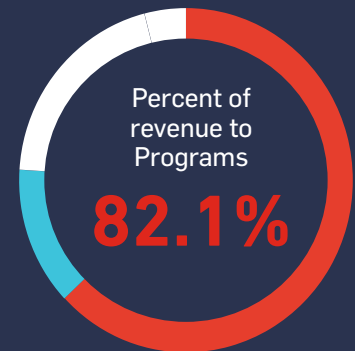
Total number of peer educators inside prisons

**1,535**

Number of inmates educated about HIV/AIDS

**72,145**

## Financials\*



Total Income	\$6,102,244
<b>Fundraising Expenses</b>	<b>\$492,173</b>
<b>Admin Expenses</b>	<b>\$441,153</b>
<b>Program Expenses</b>	<b>\$5,010,837</b>
Net Assets	\$3,483,003

\* Based on FY 2018 Audited Financials

**\$2,500 - \$4,999**  
Shell Oil  
Richard & Jeffrey Wacaser  
Walgreens  
Lucille Weiss  
Lori Whitaker  
Keith Wright

**\$1,000 - \$2,499**  
Amy Absher  
AIDS Healthcare Foundation  
Kelly Gale Amen  
B&B Butchers

Barnaby's Café  
Frankie Beasley  
Bollo Wood Fired Pizza/Soray, LCC  
Mark Boring  
Boula, LLC  
Carrie & Sverre Brandsberg-Dahl  
David Jack Browning  
Elisa Vega-Burns & Gemma Burns  
David Centanni  
Margaret Chabaud  
Maurice Chaplin  
Elia Chino

The Classic / Mabra Inc.  
Daniel Cooper  
David Cooper  
David Creager  
C. Andrew Doyle  
Emmaline Restaurant  
Ernst & Young, LLP  
Erin Fry  
Frost Bank  
Joe Fuentes  
Paula Gardenhi  
Ginger & Fork Restaurant  
The Hollyfield

Foundation  
Hines Interests  
Limited Partnership  
Brigitte Kalai  
Sippi Khurana  
Jennifer Kneale  
Brett Kruse  
George Lancaster  
Le Colonial Texas, LLC  
Jan Leger  
The Lillian Kaiser  
Lewis Foundation  
Stacey Lindseth  
John A. Logan Jr.  
MAC AIDS Fund

Karra Marino  
Thom McDaniel  
Leland McKinney  
Jerry McNeill  
Meadows Foundation, Inc.  
Leslie & Steve Nagy  
Stephen Nicholson  
Niko Niko's Greek American Cafe  
Travis Nixon  
Nobie's Restaurant  
Michelle Pisklak  
Grant Rachal  
Rainbow Lodge

Michelle Reeve  
Juan Rodriguez  
Dustin Ruffatto  
Alexander Ruiz  
Dr. R. Benjamin Saldana and Dr. Alicia Kowalchuk  
Shade Cafe, LLC / Alice Blue  
Elizabeth Smith  
Brad Spratt  
Caroline Starry  
Marcia Strauss  
Tacos A Go-Go

# Program List (Abbreviated)

## HOUSING

AFH housing programs provide both transitional and permanent housing for individuals who are affected by HIV and their immediate families who would otherwise be unstably housed due to economic instability, chronic illness, disabilities and/or domestic abuse

## PREVENTION & EDUCATION

**HIV/STI Testing** – Free, confidential HIV/STI testing, education, patient navigation, and linkage to medical care on-site, at events, and in vulnerable communities via Mobile Testing Units.

**PrEP Clinic** – PrEP intake testing and financial assistance navigation.

**WhyPrEP.org** – Education web portal for learning about PrEP and available financial assistance.

**mistr** – Tele-medicine service providing access to PrEP for FREE, including required HIV/STI testing, for FREE without requiring the client to leave their home.

## PRISON PROGRAMS

**Somebody Cares** – Peer-based discharge planning for incarcerated persons living with HIV who are soon to be released, to improve post-release connection to resources, medication, and treatment adherence.

**Wall Talk** – Peer-based HIV/STI, tuberculosis, and hepatitis prevention education for incarcerated persons who then share the information with their peers, helping them make informed decisions about their behaviors.

## PROJECT C.O.R.E.

“I didn’t have enough money for my HIV meds, much less rent.” Antony\* had been unemployed for eight consecutive months. Within two months of signing up for Project C.O.R.E. at AFH, he completed five on-site workforce development classes. That and an employment referral from an AFH staff member enabled him to secure a new part-time job. “Now I’m back on my meds and, with a roommate, can afford my rent.”

## SUPPORT SERVICES

**Project C.O.R.E.** – Project C.O.R.E. (Coordination of Resources and Employment) seeks to improve HIV health outcomes through coordinated strategies with a medical clinic, to connect clients to employment services, housing, and HIV medical care.

**Counseling** – Chemical Dependency Counseling for housing program clients and referrals to partner agencies for other counseling needs.

**Linkage to Medical Care** – Navigation of the health care system and corresponding financial assistance resources.

**Stone Soup** – Stone Soup is the only food assistance program in Houston for those living with HIV and offers nutritious food free of charge and benefits enrollment.

## YOUTH PROGRAMS

**Camp Hope** – Camp Hope is a week-long camp for youth ages 7 to 16 living with HIV. Campers engage in traditional camp activities such as swimming, horseback riding and crafts, and just get to enjoy being kids.

**Youth Enrichment Center** – Educational support for children living within our housing program for families affected by HIV.

## Client Demographics

### Race/Ethnicity

13% White  
 19.60% Latinx  
 63.53% Black/African American  
 3.87% Other (Mixed, Asian, Native American, Pacific Islander, etc.)



### Age

1.37% 0–10 years  
 4.48% 11–10 years  
 33.40% 20–29  
 30.34% 30–39  
 17.62% 40–49  
 10.49% 50–59  
 2.30% 60+



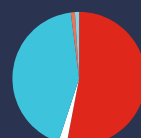
### Gender

59.15% Male  
 36.81% Female  
 3.10% Trans MtoF  
 0.48% Trans FtoM



### Sexual Orientation

54% Gay/Bisexual Male  
 2% Lesbian/Bisexual Female  
 43% Heterosexual  
 0.5% Unsure/Questioning  
 0.5% Unknown



### Income

82.34% \$0–\$9,999  
 17.66% \$10,000–\$19,999



### \$1,000 - \$2,499

Darin Thompson  
 Travis Torrence & Heath LaPray  
 Transport Workers Union of America  
 Jessica Trincanello  
 Urban Bicycle Gallery  
 Tony Vaccaro  
 Loren Walkington  
 Robert Wallace  
 Roger Woest  
 Nathan Wright  
 Ann Wright

### \$500 - \$999

Janet Allen  
 Art Box Gallery  
 Marie Amedee  
 Richard Baird  
 B.B. Lemon / Cafe Lemon, LLC  
 Mike Berman  
 Gregory Berry  
 Gerard Bertolino  
 Sehrish Bhatti  
 Gemma Burns  
 Carlyn Burton  
 Darrell Cantu  
 Jon Cerny  
 Henry Chiu

Carlos Cordova  
 Jamie Crawford  
 Gary Douglas  
 Shannon Dugas  
 Ellen Elam  
 Flemings Prime Steak House and Wine Bar  
 Lamar Frazier  
 Roger Galpin  
 Andrea Gerber  
 Green Mountain Energy Company  
 Gemstar Construction  
 Claude Glover  
 Adam Gomez  
 Jeremy Griggs

Hamburger Mary's/  
 Lady Shamu  
 Meagan Hanson  
 Karen Holt  
 Charles Hough  
 Anitra Johnson  
 Kenny Kelley  
 Kuraray America  
 Tuan Le  
 Chad Lemaire  
 Michael Lemanski  
 Van Lessig  
 Sharon Lewis  
 Lucille's / Lucille B Smith's Fine Foods, LLC

Angela Lutz  
 M.A.C College Station  
 Rita Maniha  
 Holly Maples  
 Sara Morgan  
 Brian O'Neal  
 Judy & Scott Nyquist  
 Brandon Otttersson  
 Beryl Owen  
 Gary Pittman  
 Brian Richards  
 Angel Rivera  
 John Rohde  
 Mark B. Roth  
 Susan Sanders  
 Paul Shaw

Lisa Shorb  
 Kimberly Shouse  
 Scott Smith  
 Kristina Somerville  
 Staging Solutions  
 Jeff Stiffler  
 Netanya Utay  
 Christiana Venescar  
 Bess & Matt Wareing  
 Jeffrey Watters  
 Karen Williams  
 Wood McKenzie Inc  
 Jason Woodward  
 Brandon Wright