

Dollars at Work

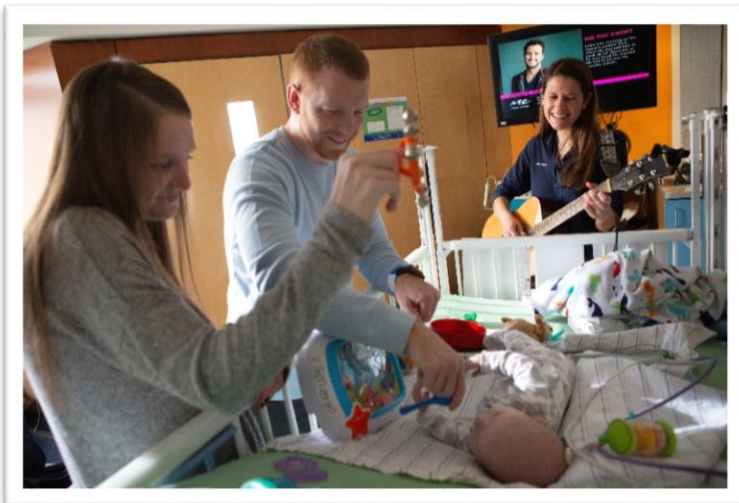
Music Therapy



My name is Marissa Aulenbach and I'm a board-certified Music Therapist at Penn State Children's Hospital, funded full-time by Children's Miracle Network.

Music Therapy uses evidenced-based practice to meet the unique needs of patients from birth to age 18. I work collaboratively with doctors, nurses, other therapists and the psychosocial team to complement the care they provide and help patients in the following areas:

- Pain, anxiety, nausea, sleeplessness
- Emotional coping and adjustment
- Functional rehabilitation and developmental activities
- Limited meaningful leisure
- Family coping during end-of-life care



Marissa is helping Caden's parents soothe and relax their son in the Pediatric Intensive Care Unit

While patients don't have a choice what happens to them medically while they're in the hospital, Music Therapy helps kids feel empowered because they get to make choices such as picking their favorite instrument or song. I can even help them write their own song or lyrics!

Thank you for helping us provide this special service to support patient and family-centered care at Penn State Children's Hospital.

-Marissa Aulenbach, MT-BC

View a video about Music Therapy and other programs at CMNHershey.org