

Your Donations Support



AMERICAN FOUNDATION FOR
Suicide Prevention



RESEARCH

We investigate the causes of suicide to discover the best ways to prevent it.

- AFSP leads the field as the largest private funder of suicide prevention research. Much of what is known about suicide comes from studies that AFSP has funded.
- This year, AFSP will invest in over \$4 million dollars in new studies. We fund grants that identify and target the most impactful prevention strategies, uncover new areas of inquiry, and stimulate future suicide research.
- The Central Texas Chapter will host a Research Connection Program in 2018, welcoming an AFSP-funded researcher to the Austin area to share their research findings.



EDUCATION & PREVENTION

We raise awareness and take action to save lives.

- Our Talk Saves Lives program teaches risk factors, warning signs, and prevention strategies. We bring this program to workplaces, places of worship, and other community groups.
- We partner with school districts in Central Texas to present AFSP's signature school-based program, More than Sad, to high school students, teachers, and parents.
- We are pursuing implementation of the Interactive Screening Program in Austin. ISP is a groundbreaking anonymous tool for colleges and workplaces that connects at-risk individuals to mental health services.



ADVOCACY & PUBLIC POLICY

We work with public officials on legislation and policies that aim to improve mental health and prevent suicide.

- AFSP now has over 5,000 Field Advocates representing all 50 states. In Central Texas, we welcomed 45 new Field Advocates in 2017 to help with passing local, state, and federal legislation.
- Our chapter hosted the first-ever Texas State Capitol Day in 2017. We also send representatives to AFSP's Advocacy Forum in D.C. each year.
- On a local level, we partner with local coalitions, like-minded organizations, and policy champions to further our mission in Central Texas.



SUPPORT

We provide support to those who have been affected by suicide and suicide loss.

- We engage individuals with lived experience in all that we do. We provide resources and opportunities to those who have made a suicide attempt and their families to promote recovery and provide hope.
- International Survivors of Suicide Loss Day is held in over 330 cities around the world, and Central Texas hosts 3. The event cultivates a sense of support and community for loss survivors.
- The Survivor Outreach Program is a network of loss survivors who connect with those who have recently lost a loved one to suicide. The Central Texas SOP offers visits by phone or in person.

Thank you for supporting
AFSP's goal to reduce
suicide 20% by 2025!



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