

Walk to Fight Suicide

Out of the Darkness™
Community Walks:

Guide to the Harrisburg Out of the
Darkness Walk

afsp.org/Harrisburg



American
Foundation
for Suicide
Prevention



Preparing for Walk Day

- We strongly encourage everyone to either mail checks in ahead of time and/or ask your supporters to donate online whenever possible.

Offline Donation Forms are available to download [HERE](#).

All checks should be made payable to AFSP and sent to the address below.

AFSP

Attn: OOTD Walks

199 Water Street, 11th FL

New York, NY 10038

- If anyone is coming with you to the Walk, please have them register ahead of time, or you may register them yourself!
- QR codes to register and donate will be at the Walk, but pre-registration is encouraged.
- We are doing all we can to provide a safe environment for you, our volunteers, and our staff! Anything you can do to help us would be greatly appreciated.

Bring to the Walk

- Water bottle
- Phone
- Mask
- Friendly Pets welcome

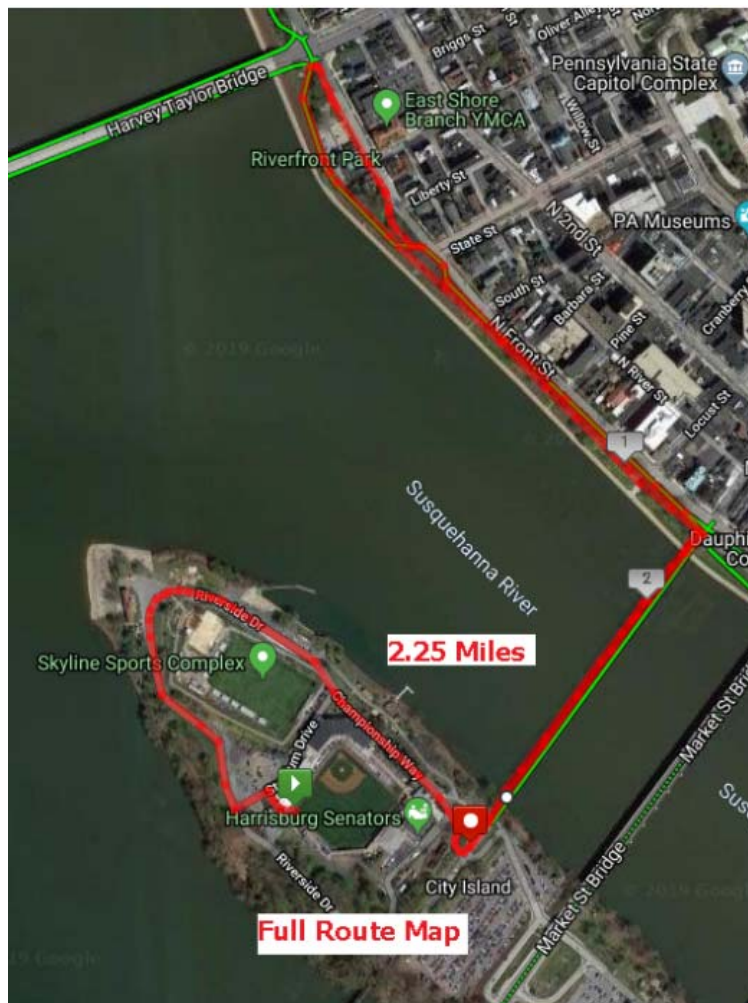
Schedule & Activities

Saturday, October 9, 2021

8 a.m.	Registration
Enroute	Remembrance activity
Enroute	Thanking Sponsors and community partners
10 a.m.	Walk will start



The Route



The Walk

What to Expect

Registration

Registration will be online. There will be no check-in for pre-registered participants this year. You can register the day of the walk. We will have QR codes posted throughout the venue.

Event T-shirts

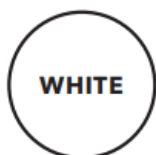
- If you raise \$150 or more you will qualify for the free event t-shirt.
- For those who raised \$150 by 09/07/2021, we will mail the t-shirts out prior to the walk
- For those that raised \$150 after 09/07/2021, we will mail your free t-shirt after the walk.

Drinks

Drinks will be provided

Remembrance Activity

Honor Beads will be provided



WHITE

Loss of a Child



RED

Loss of a Spouse or Partner



GOLD

Loss of a Parent



ORANGE

Loss of a Sibling



PURPLE

Loss of a Relative or Friend



SILVER

Loss of a First Responder/Military



GREEN

A Personal Struggle or Attempt



TEAL

Supporting Someone Who Struggles or has Attempted



BLUE

Supporting Suicide Prevention

Closing Ceremony

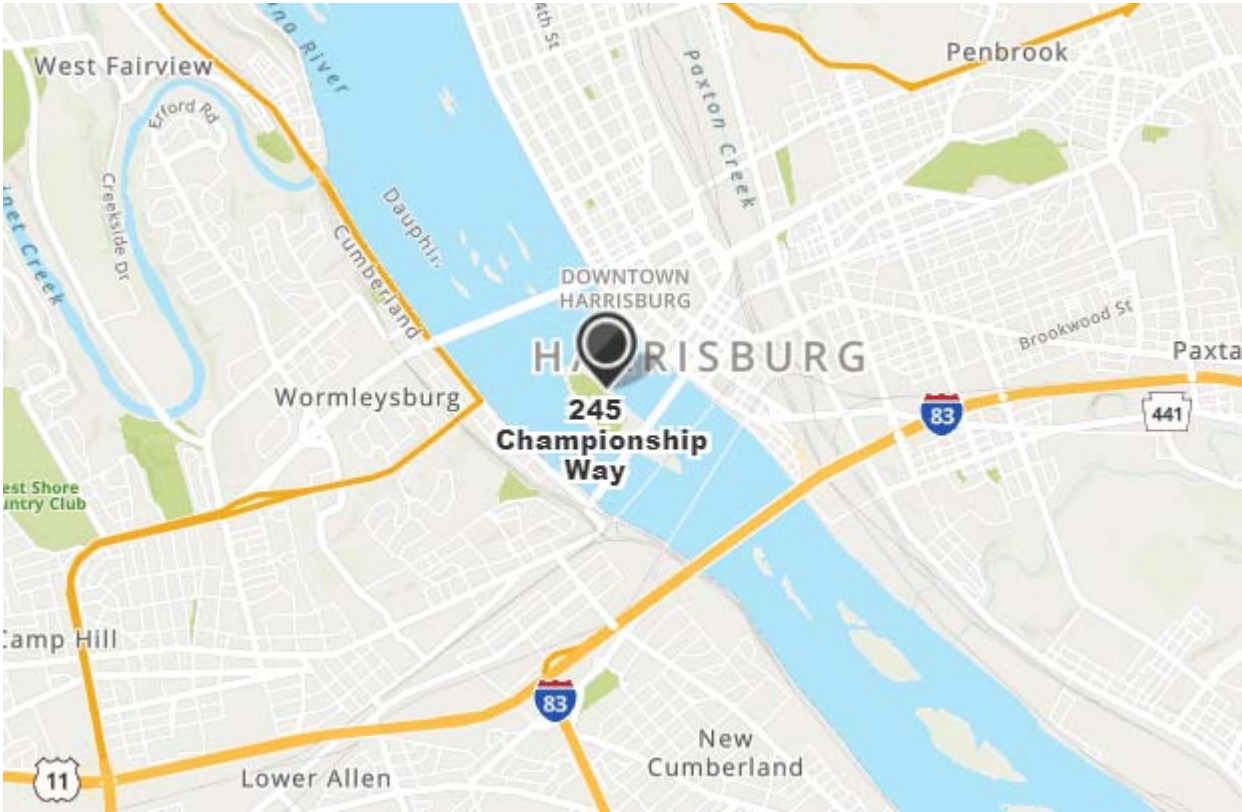
There will be no closing ceremony.

Getting to the Walk

Event Location

FNB Field – City Island
245 Championship Way
Harrisburg, PA 17101

Parking is available in the General Lot



Event Safety

- Our top priority is the safety and health of our Walkers, Volunteers, and Staff. Because of this, we are carefully monitoring the developments related to Coronavirus (COVID-19) and will continue to do so. We are working with the city and state officials, and we will follow the recommendations from the [Centers for Disease Control and Prevention](#) (CDC)
- If you are experiencing any symptoms of COVID or have been exposed to someone with COVID in the last two weeks, please do not attend the Walk and join us virtually
- Face masks are welcomed
- Practice safe distancing from those outside of those you are in regular contact with

Thank you for your cooperation and support! We are so glad that you will be joining us!

Thank You to Our Sponsors



afsp.org/walks



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