



**American
Foundation
for Suicide
Prevention**



WALK INFORMATION

Date & Time: October 2, 2021. The site will open at 9:00am.

Location: Montrose Harbor, Chicago, 601 W. Montrose Ave., Chicago, IL 60613

**For those unable to attend in-person, we will have an app with an hour-long program so you can walk in your community.*

Registration: There is NO FEE to register. Online registration closes at 12:00 p.m. on Friday, October 1, 2021.

Volunteers: If you are planning to walk but also want to volunteer prior to the walk, please email chicago@afsp.org.

Donations: Donations can be turned in at the walk.

Donations are 100% tax deductible. We will continue to accept donations through December 31, 2021.

Directions to the site:

From the South and/or West:

Take Lake Shore Drive north, exit at Montrose, Wilson or Foster. Follow along to Simonds Drive.

From the Northwest:

Take I-90 east to Irving Park Ave. Go east to Lakeshore Drive. Go north on Lakeshore Drive and exit Montrose, Wilson or Foster. Follow along Simonds Drive.

From the North:

Take I-94 south to Peterson. Exit Peterson and go east to Lake Shore Drive. Go south on Lake Shore Drive (Hwy 41). Exit at Foster, Wilson or Montrose. Follow to Simonds Drive.

Public Transportation:

- #146 Bus route stops at Marine Drive and Montrose
- CTA Brown line stops at Montrose Ave
- Visit www.transitchicago.com

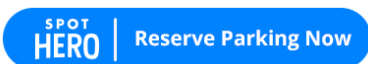
Parking:

Free street parking is available on Simonds Drive from Montrose Avenue north to Foster Avenue.

The Montrose Parking Lot may be available for parking but we are awaiting confirmation. We should know in August.

The Wilson Parking Lot is also nearby and is another option based on availability. The cost is \$2/hour.

Spot Hero: To reserve your parking spot for the Chicago Out of the Darkness Walk, visit the [Montrose Field SpotHero Parking Page](#) and book a spot with rates up to 50% off drive-up.



Site Map: The Walk Site is located just east of Lakeshore Drive at Montrose Avenue and Simonds Drive. Check back for a site map.

Walk Route: Coming soon!

Pets: Pets are NOT allowed at the walk (on-site or on the route).

Service dogs covered under the Americans with Disabilities Act are permitted at the walk.

Safety Notes: Skateboards, scooters, wagons and bikes are prohibited for the safety of all walkers. Additionally, balloon and sky lantern releases are **not** allowed at the site or along the route.

Medical: An advanced life support ambulance will be on-site and along the route.

Red & Blue Ribbon Tent: There will be two separate tents for the \$500+ fundraisers depending on their fundraising level (see below).

- ❖ **\$500-\$999** - Red Ribbon Walker. Receive a red ribbon and complimentary gift bag.
- ❖ **\$1,000+** - Blue Ribbon Walker. Receive a blue ribbon and complimentary gift bag.

Mental Health Services Tent sponsored by Compass Health Center: This tent will be located on-site for any walkers looking to speak with a mental health professional.

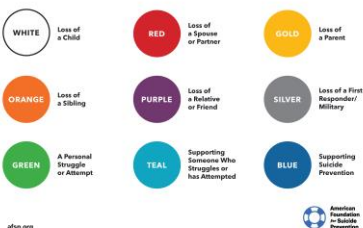
Honor Beads: The beads will be available on-site and you can choose your color(s) to show your personal connection and identify with others who understand your experience. See next page. You can click the image and save it to use on social media and in emails. *Click image for larger view.*



What's Your Color?

Losing someone to suicide or struggling with a mental illness can feel like no one understands what you are going through.

Each color shows our personal connection to the cause and helps us identify others who understand our experience.



Why I Walk Wall: Share your story, leave a message of hope or anything you want to share with walkers. This will be located as a tent wall at the Remembrance Tent.

Memorial Wall: If you are a survivor of suicide loss, we encourage you to bring a non-returnable photo of your loved one to the event to add to the Memorial Wall. This will be located as a tent wall at the Remembrance Tent.

AFSP Store: Looking for AFSP merchandise? The store will have a variety of items for sale so bring your cash, check or credit card!

Water: Water will be provided on-site.

Social Media: Don't forget to tag us on social media when checking in or tagging photos (AFSP Illinois Chapter @AFSPIL @AFSPChicago #OOTDCCW)

