

# Walk to Fight Suicide

**Capital Region Out of the Darkness Walk for R.I.T.A.  
Sunday, September 26, 2021 @ Saratoga Spa State Park**

**Join in the Fight to Stop Suicide!!**

Support our mission to save lives and bring hope to those affected by suicide!  
Help us create a culture that is smart about mental health!

Register at  
[afsp.org/ RITA](https://afsp.org/RITA)



American  
Foundation  
for Suicide  
Prevention

