AIDS Foundation Houston’s mission to end the HIV epidemic in Houston is bold but attainable! Initial 2019 year-end data from the City of Houston Health Department indicate that we may be witnessing for the first time an appreciable decrease in the number of new HIV cases. With clinical trials underway, the hope for a safe, effective vaccine may be closer than ever. And new treatment regimens are making adherence and sustained viral suppression a real possibility for people living with HIV. An undetectable viral load means that HIV will not be transferred sexually to another. This is called U=U, and we were proud in 2019 to formally endorse this treatment as prevention strategy.

In 2019, AFH experienced growth – in our Board, our staff, and our services. To ensure that we play a vital community role in realizing the day when HIV no longer threatens the health and well-being of fellow Houstonians, we began to realign everything we do around the four pillars of the national plan to end the epidemic by 2030: Diagnose, Treat, Prevent, and Respond.

We expanded our partnerships and testing hours to reach more Houstonians with HIV and STI testing and completed over 1,200 tests in an effort to diagnose HIV as early as possible. Recognizing that treating HIV and sustaining viral suppression involves much more than clinical care, we continued focusing on the social drivers of health – stable housing, food and nutrition services, benefits and resources counseling, case management, and employment training – while quickly linking persons living with HIV to affordable, appropriate primary health care.

Our strategy to prevent new cases included significantly expanding our PrEP Care services in collaboration with Dr. Gordon Crofoot, M.D., a premier physician and researcher, and with the addition to our team of Dr. Teriya Richmond, Chief Medical Officer. Moreover, we partnered with mstr to launch an online portal for PrEP Care that eliminates paperwork, lab visits, and doctor’s office waiting rooms (heymstr.com/afh). We saw marked increases both in awareness of and access to PrEP in 2019. Finally, we continue to partner with local governmental agencies and community partners to respond by identifying vulnerable and hardly reached communities, which in turn informs our outreach and testing campaigns.

For 38 years, AFH has been on a mission: To lead the innovative efforts in the prevention of new HIV infections and to empower individuals, families, and communities affected by HIV to create and sustain healthy lives. And we will be here for however long it takes – until it’s over.

**Mission**
AIDS Foundation Houston, Inc. (AFH) leads the innovative efforts in the prevention of new HIV infections and empowers individuals, families, and communities affected by HIV/AIDS to create and sustain healthy lives.

**Vision**
We envision a supportive community free of new HIV infections where individuals affected by HIV/AIDS lead healthy and productive lives without stigma and discrimination.

**Letter from the CEO**

2019 ANNUAL REPORT
A Year of Transformation

GOT SERVICES – FT. BEND COUNTY

“Where’s the money coming from this month?” Annette* wondered. Her HIV was under control, but her job paid so little she struggled to cover the rent on her run-down apartment. The AFH Stone Soup pantry helped by providing food, freeing up her income for rent and other necessities. “With my stress level reduced, I was able to focus on finding a better job, and I got one.” Annette’s case worker sent her information on nicer apartment complexes. “I’m moving soon!”

*Name changed
Leadership

**Senior Leadership Team**

- **John Huckaby**
  Chief Executive Officer
- **Teriya Richmond, MD, MPH**
  Chief Medical Officer
- **Necole Moore**
  Chief Operating Officer
- **Nicholas Williams**
  Chief Financial Officer
- **Derrick M. Brown**
  Chief Development Officer
- **W. Jeffrey Campbell**
  Chief Program Officer

**Board of Directors**

- **CHAIRPERSON**
  - John Paul Arellano
  - Frost Bank
- **Leslie Nagy**
  - Waste Management
- **CHAIRPERSON-ELECT**
  - Ali Dhanji
  - Financial Advisor
- **Kyle T. Pierce**
  - LyondellBasell
- **TREASURER**
  - Russell Cotton
  - KPMG
- **SECRETARY**
  - Jennifer Simons
  - Parker Drilling

**Number of transgender persons living with HIV in Houston**

<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>FtoM</td>
<td>12</td>
</tr>
<tr>
<td>MtoF</td>
<td>252</td>
</tr>
</tbody>
</table>

**AIDS diagnoses within 3 months of HIV diagnosis**

- **17.2% (2017)**

**Nationwide HIV+ unaware of their status**

- **1 in 7**

**Statistics and Sources**

- **Number of persons living with HIV in the U.S.**
  - **1,254,576**
- **Number of persons living with HIV and AIDS in Greater Houston Area**
  - **38,385**
- **Number of persons diagnosed with HIV in Greater Houston Area in 2019**
  - **794**

**Demographics of Houstonians living with HIV**

- **49.7%** Black
- **28.5%** Hispanic/Latinx
- **17.8%** White
- **75.8%** Male
- **24.2%** Female

**PrEP CLINIC**

“I’m HIV-positive but undetectable,” Keith* said nervously. Malik* was HIV-negative, but he didn’t know why being “undetectable” made a difference. He only knew Keith was “an amazing guy...definitely the man of my dreams.” Through online research, Malik discovered that being undetectable meant Keith couldn’t pass on the virus through sex. He also discovered AIDSHelp.org and learned that the AFH PrEP Clinic could help him protect himself further. “I came in for pre-screening and got a PrEP prescription soon after. I am so grateful to AFH.”

*Names changed

**Major Donor List** (Donations received Jan. 1, 2019 – Dec. 31, 2019)

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
</table>
| **$50,000+**
  - Chevron USA, Inc.
  - Gilead Foundation
  - The Brown Foundation, Inc.
  - ViiV Healthcare/GlaxoSmithKline
| **$25,000 - $49,999**
  - Broadway Cares/Equity Fights AIDS
  - Kittsie & Charlie Thomas Family Foundation
  - Texas Children’s Hospital
| **$10,000 - $24,999**
  - Nora And Bob Ackerley
  - AIDS United BBVA
  - Bunnies on the Bayou, Inc.
  - Connie Finck ExxonMobil
  - Gillman Subaru Junior League of Houston, Inc.
  - Memorial Drive Presbyterian Church
  - Philter Ventures
  - Quest Diagnostics
| **$5,000 - $9,999**
  - Air Liquide USA
  - Alcina M Carrazana, DMD, PA
  - George and Mary Josephine Hamman Foundation
  - Janssen Therapeutics
  - Sally & Celine Niehaus
  - Kyle Pierce & Daryl Shorter, MD
  - Shell Oil
  - Jennifer & Craig Simons
  - Charles Slade Jr.
  - Thomas Stewart Strike
| **$2,500 - $4,999**
  - Russell Cotton
  - El Tiempo 1308 Cantina - Rocki’s, Inc.
  - FMOL Health System, Inc.
  - Heights General Store (dba Harold’s Restaurant)
  - Houston Young Lawyers Foundation
  - Daniel McFadden
  - Duyen Nguyen
  - Stewart Prentice

**Sources:**

### AFH Program Impact Metrics

#### HIV Testing
- Number tested: 1,178
- Number positive: 29 (2.5%)
- Percent tested: 100%

#### Stone Soup
- Number of clients unique served: 1,195
- Pounds of food distributed: 53,243

#### Camp Hope
- Number of campers: 69
- Number who took part in HIV class: 29

(Note: 17 campers from Louisiana were unable to attend due to a hurricane)

Percentage of those in HIV class who...
- UNDERSTOOD HIV MEDS: 100%
- PLAN LIFELONG MEDICAL ADHERENCE: 85%

#### Housing
- Percent of residents linked to care: 80%
- Percent of residents with income < $10K: 83%
- Percent of residents with income $10K-$20K: 12%

#### Prison Peer Education
- Number of prisons where program operates: 100
- Total number of peer educators inside prisons: 1,535
- Number of newly trained peer educators: 535
- Number of inmates educated about HIV/AIDS: 72,145

#### Financials*
- Total Income: $6,102,244
- Fundraising Expenses: $492,173
- Admin Expenses: $441,153
- Program Expenses: $5,010,837
- Net Assets: $3,483,003

* Based on FY 2018 Audited Financials

---

**FIRST RESPONDERS HOUSING PROGRAM**

"I had HIV... and cancer." Even before she was diagnosed with cancer, Chelsea’s* disability benefits were her sole source of income. The AFH First Responders housing program put a roof over her head and helped support her through her cancer treatments. "I’m now free from cancer. I even found a job and was able to get a car of my own. Thank you, AFH."

*Name changed

---

**FIRST RESPONDERS HOUSING PROGRAM**

"I had HIV... and cancer." Even before she was diagnosed with cancer, Chelsea’s* disability benefits were her sole source of income. The AFH First Responders housing program put a roof over her head and helped support her through her cancer treatments. "I’m now free from cancer. I even found a job and was able to get a car of my own. Thank you, AFH."

*Name changed
**Program List**  (Abbreviated)

**HOUSING**

AFH housing programs provide both transitional and permanent housing for individuals who are affected by HIV and their immediate families who would otherwise be unstably housed due to economic instability, chronic illness, disabilities and/or domestic abuse

**PREVENTION & EDUCATION**

HIV/STI Testing – Free, confidential HIV/STI testing, education, patient navigation, and linkage to medical care on-site, at events, and in vulnerable communities via Mobile Testing Units.

PrEP Clinic – PrEP intake testing and financial assistance navigation.


mistr – Tele-medicine service providing access to PrEP for FREE, including required HIV/STI testing, for FREE without requiring the client to leave their home.

**PRISON PROGRAMS**

Somebody Cares – Peer-based discharge planning for incarcerated persons living with HIV who are soon to be released, to improve post-release connection to resources, medication, and treatment adherence.

Wall Talk – Peer-based HIV/STI, tuberculosis, and hepatitis prevention education for incarcerated persons who then share the information with their peers, helping them make informed decisions about their behaviors.

**PROJECT C.O.R.E.**

“I didn’t have enough money for my HIV meds, much less rent.” Antony* had been unemployed for eight consecutive months. Within two months of signing up for Project C.O.R.E. at AFH, he completed five on-site workforce development classes. That and an employment referral from an AFH staff member enabled him to secure a new part-time job. “Now I’m back on my meds and, with a roommate, can afford my rent.”

**SUPPORT SERVICES**

Project C.O.R.E. – Project C.O.R.E. (Coordination of Resources and Employment) seeks to improve HIV health outcomes through coordinated strategies with a medical clinic, to connect clients to employment services, housing, and HIV medical care.

Counseling – Chemical Dependency Counseling for housing program clients and referrals to partner agencies for other counseling needs.

Linkage to Medical Care – Navigation of the health care system and corresponding financial assistance resources.

Stone Soup – Stone Soup is the only food assistance program in Houston for those living with HIV and offers nutritious food free of charge and benefits enrollment.

**YOUTH PROGRAMS**

Camp Hope – Camp Hope is a week-long camp for youth ages 7 to 16 living with HIV. Campers engage in traditional camp activities such as swimming, horsback riding and crafts, and just get to enjoy being kids.

Youth Enrichment Center – Educational support for children living within our housing program for families affected by HIV.

**Client Demographics**

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>13%</td>
</tr>
<tr>
<td>Latinx</td>
<td>19.60%</td>
</tr>
<tr>
<td>Black/African American</td>
<td>63.53%</td>
</tr>
<tr>
<td>Other (Mixed, Asian, Native American, Pacific Islander, etc.)</td>
<td>3.87%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>0–10 years</td>
<td>1.37%</td>
</tr>
<tr>
<td>11–10 years</td>
<td>4.48%</td>
</tr>
<tr>
<td>20–29</td>
<td>33.40%</td>
</tr>
<tr>
<td>30–39</td>
<td>30.34%</td>
</tr>
<tr>
<td>40–49</td>
<td>17.62%</td>
</tr>
<tr>
<td>50–59</td>
<td>10.49%</td>
</tr>
<tr>
<td>60+</td>
<td>2.30%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>59.15%</td>
</tr>
<tr>
<td>Female</td>
<td>36.81%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Sexual Orientation</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gay/Bisexual Male</td>
<td>54%</td>
</tr>
<tr>
<td>Lesbian/Bisexual Female</td>
<td>2%</td>
</tr>
<tr>
<td>Heterosexual</td>
<td>43%</td>
</tr>
<tr>
<td>Unsure/Questioning</td>
<td>0.5%</td>
</tr>
<tr>
<td>Unknown</td>
<td>0.5%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Income</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0–$9,999</td>
<td>82.34%</td>
</tr>
<tr>
<td>$10,000–$19,999</td>
<td>17.66%</td>
</tr>
</tbody>
</table>

*Name changed

$1,000 - $2,499
- Darin Thompson
- Travis Torrence & Heath LaPray
- Transport Workers
- Union of America
- Jessica Trincanello
- Urban Bicycle Gallery
- Tony Vaccaro
- Loren Wallace
- Robert Wallace
- Roger Woest
- Nathan Wright
- Ann Wright

$500 - $999
- Janet Allen
- Art Box Gallery
- Marie Amedee
- Richard Baird
- B.B. Lemon / Cafe Lemon, LLC
- Mike Berman
- Gregory Berry
- Gerard Bertolino
- Selvish Bhatti
- Gemma Burns
- Carlyn Burton
- Darrell Cantu
- Jon Cerny
- Henry Chiu
- Carlos Cordova
- Jamie Crawford
- Gary Doughlas
- Shannon Dugas
- Ellen Elam
- Flemings Prime Steak House and Wine Bar
- Lamar Frazier
- Roger Galpin
- Andrea Gerber
- Green Mountain Energy Company
- Gemstar Construction
- Claude Glover
- Adam Gomez
- Jeremy Griggs
- Hamburger Mary’s/ Lady Shamu
- Meagan Hanson
- Karen Holt
- Charles Hough
- Anitra Johnson
- Kenny Kelley
- Kuraray America
- Tuan Le
- Chad Lemaire
- Michael Lemanski
- Van Lessig
- Sharon Lewis
- Lucille’s / Lucille B Smith’s Fine Foods, LLC
- Angela Lutz
- M.A.C College Station
- Rita Manina
- Holly Maples
- Sara Morgan
- Brian O’Neal
- Judy & Scott Nyquist
- Brandon Outterson
- Beryl Owen
- Gary Pittman
- Brian Richards
- Angel Rivera
- John Rohde
- Mark B. Roth
- Susan Sanders
- Paul Shaw
- Lisa Shorb
- Kimberly Shouse
- Scott Smith
- Kristina Somerville
- Staging Solutions
- Jeff Stifler
- Netanya Utay
- Christiana Venesar
- Bess & Matt Wareing
- Jeffrey Watters
- Karen Williams
- Wood McKenzie Inc
- Jason Woodward
- Brandon Wright