HonCC Wellness Center

Offering a wide array of mental health and wellness services...

BE THE DIFFERENCE WALK TO FIGHT SUICIDE

OUT OF THE DARKNESS Campus Walk

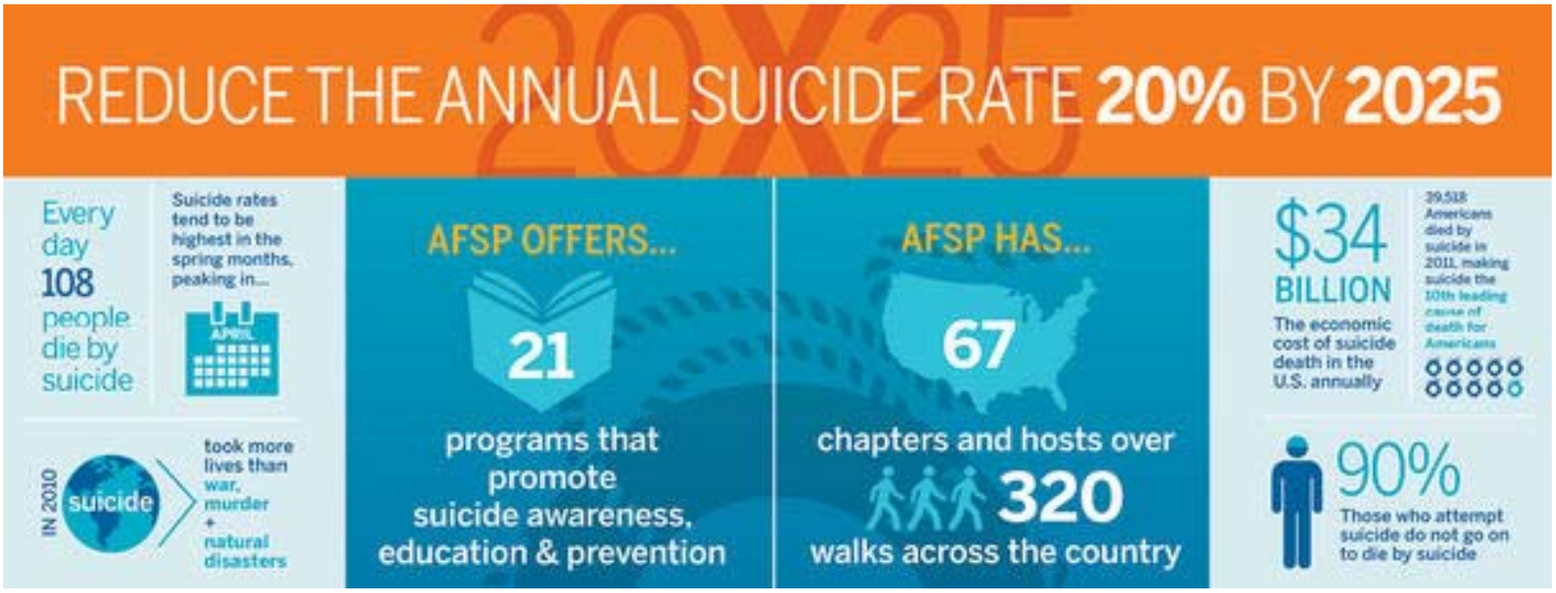
Date: MARCH 15, 2017
Location: Honolulu Community College
Resource Fair: 10:00am - 1:00 pm
Sign-in @ 11:00 am • Walk starts at 12 noon
Contact Person: Kimberley Gallant, LCSW
Phone: 808-845-9180
Email: hccwell@hawaii.edu
URL: tinyurl.com/HONCCOUTOFDARKNESS2017

American Foundation *for* Suicide Prevention Hawai'i Chapter

University of Hawai'i Honolulu Community College

AMERICAN FOUNDATION FOR SUICIDE PREVENTION | afsp.org/CampusWalks

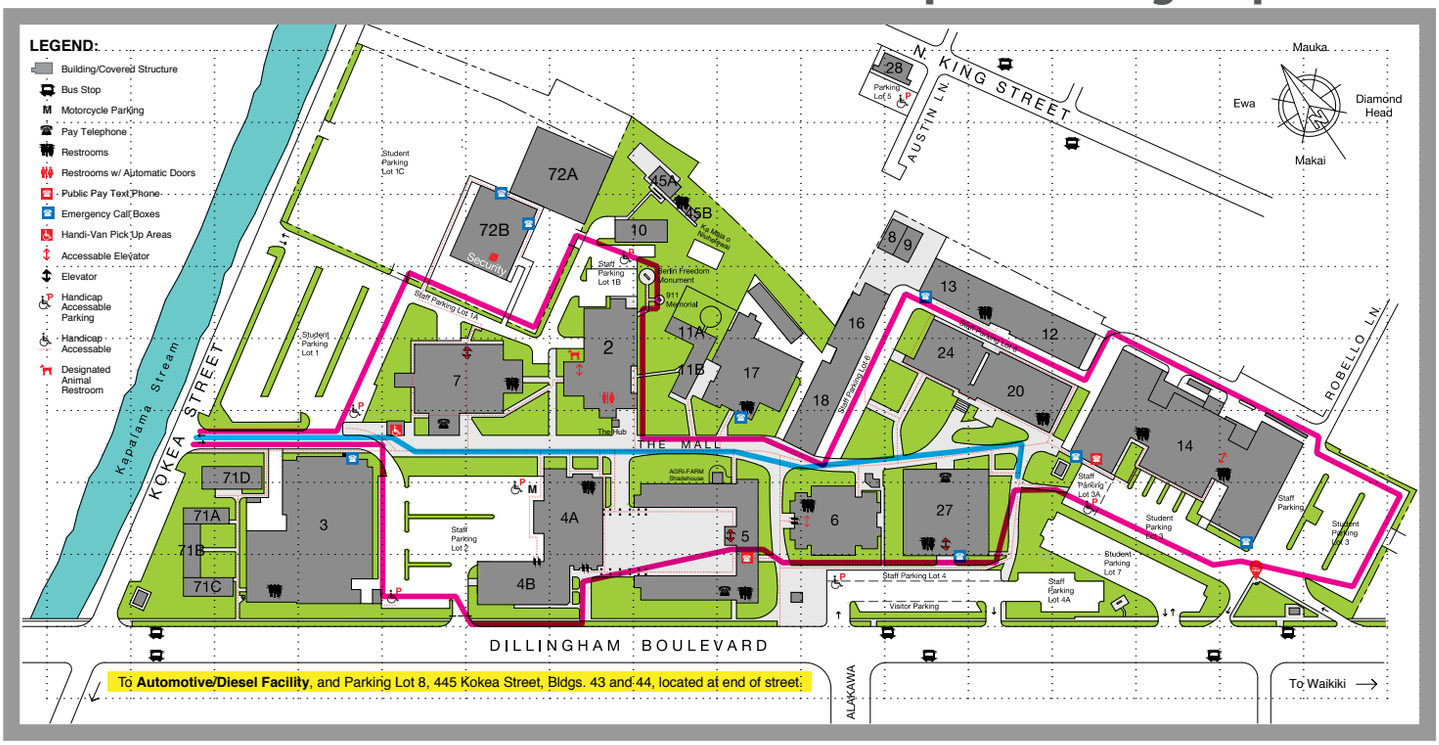
WALK.VOLUNTEER.DONATE.



HONOR BEADS

Lost a Spouse or Partner	Red
Lost a Spouse a Parent	Gold
Lost a Child	White
Lost a Sibling	Orange
Lost a Relative or Friend	Purple
First Responder/Military	Silver
Struggled Personality	Green
Support the Cause	Blue
Support the Military	Rd/Wht/Bl

The American Foundation for Suicide Prevention has set a bold goal to reduce the annual rate of suicide 20 percent by 2025. That's tens of thousands of lives, and walkers like us can make it happen"

The O'ahu Out of the Darkness Walk is one of more than 350 Out of the Darkness Community Walks being held nationwide this fall. The walks are expected to unite more than 150,000 walkers and raise millions for suicide prevention efforts.

HONOLULU COMMUNITY COLLEGE
Health and Wellness Committee Campus Walking Map